

**VANCOUVER ELEMENTARY
PHYSICAL ACTIVITY
ASSOCIATION
2010 - 2011**



HANDBOOK

INTRODUCTION

The purpose of this handbook is to acquaint all coaches with the philosophy and goals of the Vancouver Elementary Physical Activity Association and specific rules for all interschool sports played by elementary students in District No. 39 schools.

It is our hope that through this handbook there will be less confusion and conflict in our athletics program. When everyone knows the rules, philosophy and goals, they have a greater understanding of the expectations being made of them.

Please ensure that people who are coaching in your school have an understanding of all the rules and regulations as they apply to the Association and individual sports.

Raja Sabbagha, Kitchener
President
Vancouver Elementary Physical Activity Association

September 2010

Vancouver Elementary Physical Activity Association
c/o Vancouver Board of Education
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V.E.P.A.A.
2010 - 2011 EXECUTIVE MEMBERS

President:	Raja Sabbagha, Kitchener	
Past President:	Jesse Brown, Strathcona	
Vice-President:	Joe Mergens, University Hill	
P.E. Curriculum Co-ordinator:	Joe Mergens, University Hill	
Athletic Coordinator 1:	Ryan Richdale, Grandview	
Athletic Coordinator 2:	Kelly Egilsson, Elsie Roy	
Secretary:	Vacant	
Members at Large:	Eddy Lang, Queen Alexandra Ken Costea, Thunderbird David Proctor, False Creek	Amber Schultz, Douglas Katy Homeniuk, Douglas Annex
Administrative Reps:	Harj Sandhu, Emily Carr Ross Cassie, Mackenzie Mike McEwan, Edith Cavell	

EX-OFFICIO

Harp Sohi, District Athletics Coordinator
Val Overgaard, Associate Superintendent (Learning Services)

SPORTS COORDINATORS

Cross Country:	Gillian Wilson-Haffenden, Kitchener
Soccer:	Raja Sabbagha, Kitchener
Volleyball:	Ken Costea, Thunderbird
Basketball:	Jesse Brown, Strathcona
Badminton:	Deb Forsyth, Trudeau
Dance:	Alicia Miller, Douglas
Softball:	TBA

VEPAA 2010 - 2011 CALENDAR OF EVENTS

SEPTEMBER

- 15 Soccer & Cross Country Organizational Meetings @ Mount Pleasant Elementary
- 20 Soccer League Begins - 5 weeks of League Play
- 27 Cross Country Mini Meets Begin - 4 weeks of Mini Meets

OCTOBER

- TBA Volleyball League Registration & Organizational Meeting
- 8 & 11 District Closure & Thanksgiving
- 21 Cross Country Championships @ Trout Lake
- 22 PROVINCIAL PRO - D (PE Conference - Churchill Secondary)
- 26 - 27 Soccer Finals @ Point Grey Secondary

NOVEMBER

- 1 Volleyball League Begins - 5 weeks of play
- 11 & 12 Remembrance Day & District Closure

DECEMBER

- 6-9 Volleyball Finals (Shaughnessy Elementary)
- 14 Basketball League registrations due

JANUARY

- 5 Basketball Organizational Meeting
- 17 - 20 Basketball Leagues start
- 28 Coaches' Recognition (Van Dusen)

FEBRUARY

- 9 Badminton Organizational Meeting @ Trudeau Elementary
- TBA Afternoon of Dance Organizational Meeting

MARCH

- 1 - 4 March Madness Basketball Tournaments
- 11 Baldwin Bash Volleyball tournament
- 16 Deadline for AGM Motions & Resolutions
- 21 - Apr 1 SPRING BREAK
- TBA Softball Organizational Meeting

APRIL

- 13 Track & Field Organizational & ANNUAL GENERAL MEETING
- 18 - 21 Badminton Tournaments - Charles Tupper
- 22 & 25 Good Friday and Easter Monday
- TBA Afternoon of Dance

MAY

- 23 Victoria Day
- TBA Softball Playoffs & Track & Field Zone Meets

JUNE

- 30 Schools Close

*ZONES FOR LEAGUE PLAY

ZONE 1 - NORTHWEST

Bayview
Carnarvon
Gordon
Hudson
Kitchener
Queen Elizabeth*
Queen Mary
Jules Quesnel
Roberts*
Roy
Tennyson
Trafalgar
University Hill

ZONE 2 - SOUTHWEST

Jamieson
Kerrisdale*
Laurier*
Lloyd George
McKechnie
Maple Grove
Osler
Quilchena
Sexsmith
Shaughnessy
Southlands
Van Horne

ZONE 3 - CENTRE

Brock
Carr
Cavell
Dickens*
False Creek
Fraser
L'Ecole Bilingue
Livingstone
McBride*
Mount Pleasant
Nightingale
Wolfe

ZONE 4 - NORTHEAST

Begbie
Britannia
Franklin
Garibaldi (K-4)
Grandview
Hastings
Lord
Macdonald
Maquinna
Maquinna Annex (K-5)
Nelson
Queen Victoria (K-4)
Seymour
Strathcona
Thunderbird

ZONE 5 - EAST

Beaconsfield
Bruce
Carleton
Collingwood
Cunningham
Grenfell
Nootka
Norquay
Queen Alexandra
Renfrew
Secord
Selkirk*
Tecumseh*
Tyee
Tillicum (K-4)

ZONE 6 - SOUTHEAST

Champlain Heights*
Cook
Douglas*
Fleming
Henderson*
Kingsford-Smith
MacCorkindale
Mackenzie
Moberly
Oppenheimer
Trudeau
Waverley
Weir

* would also include the Annex with the main school.

Please note that these zone designations are only a suggested breakdown and may be changed as league coordinators see fit.

GOALS

The athletic program:

1. extends the physical education program;
2. helps students begin to set personal goals with commitment and responsibility;
3. increases school spirit;
4. encourages good sportsmanship;
5. encourages greater student participation;
6. provides a challenge to all athletes;
7. encourages a greater emphasis on team play;
8. leads to wholesome competition;
9. is organized with a definite structure;
10. increases physical fitness;
11. is enjoyed by the children;
12. encourages a higher level of skill development;
13. fosters positive social development;
14. allow schools, through a variety of levels and forms of competition, to participate in various athletic events.

FAIR PLAY PHILOSOPHY

The V.E.P.A.A. actively supports the Fair Play ideals. As such we must remember that the goals of our program are to provide all interested students with the opportunity to play, develop good sportsmanship, leadership, co-operation and quality of performance. The opportunity to develop these specific goals and self-esteem, will be provided within the controlled, friendly, competitive environment of our organized extramural leagues.

In order to accomplish this within their programs coaches must:

- foster in players and spectators a respect for officials and opposition players.
- develop knowledge and respect for the rules of the game.
- develop self-control by modelling and teaching appropriate ways to deal with game situations and to appropriately express their feelings.
- emphasize enjoyment of the game rather than the importance of winning.
- employ techniques that emphasize and recognize the positive aspects of student play.

POLICY FOR ALL COACHES - WHETHER THEY BE TEACHERS OR NON-TEACHERS

1. All coaches will abide by of all aspects of the Athletics Handbook.
2. All coaches should ensure that all aspects of the goals, philosophy and rules are adhered to by both coaches and students.
3. Coaches who are confused by any aspect of this Handbook should contact the President of the Vancouver Elementary Physical Activity Association for clarification.
4. All non VSB employees must attend a sport specific workshop organized by the VEPAA prior to the start of that sport season. League rules, association policies and philosophies would be addressed at these workshops.

POLICY FOR UPDATING THIS ATHLETICS HANDBOOK

1. This handbook, as presented each Fall, shall be considered the approved rules, philosophy and goals of athletics for the school year.
2. Any proposed changes in the handbook are to be made in writing to the President at least fourteen (14) days before the Annual General Meeting.
3. These proposed changes will be circulated to all schools prior to the Annual General Meeting.
4. All approved changes in the handbook are to be presented and voted upon by members at the Annual General Meeting and shall be considered final for the following school year.