

We respectfully acknowledge that the land on which we gather is the unceded, traditional, and ancestral territory of the Coast Salish Peoples, including the territories of the xʷməθkwəy̓əm (Musqueam), Skwxwú7mesh (Squamish), and Səlílwətaʔ/Selilwitulh (Tseil-Waututh) Nations.

## Let's Celebrate the World Around Me

Children construct meaning as they engage with materials, other children and adults, the environment, the community and the world (BC Early Learning Framework, 2019, p. 75).

As children play and connect with the land, they become more aware of the wonder of nature, learn to problem solve and generate new ideas. These engagements can be invigorating and noisy or they can be quiet and focused. When children are provided with materials and allowed to explore and engage, on their own or with others, meaningful learning experiences are created.



- This activity can be done either inside or outside.
- Talk to your child about gardens and what can be grown (e.g., flowers, vegetables or fruits). Explain that some plants will need special conditions in order to grow.
- If outside, choose a place and prepare the soil by taking out any weeds.
- If inside, place plant pots on a tray and fill three-quarters full with soil. You can use cardboard egg cartons as temporary planters.
- Talk about the conditions that the seeds need to grow (e.g., how often to water, how much direct sunlight).
- Encourage the child to water and care for the plants.

### Activity—Planting Seeds

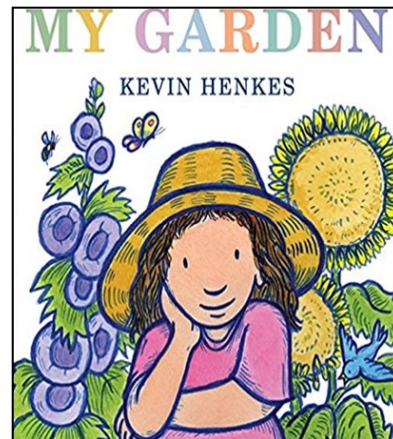
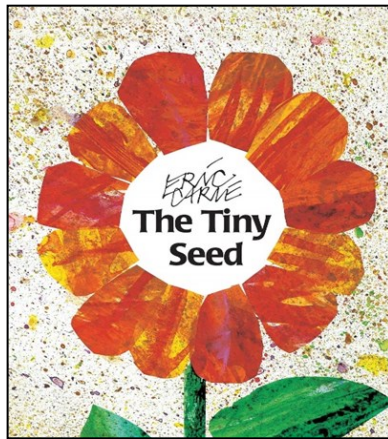
Through gardening, children learn about the lifecycle of plants and some animals. They learn about how these plants and animals, along with the weather, can change and affect our lives.



This collaborative/inquiry play fosters creativity and imagination as the child expands their knowledge around the science of growing. They connect with the land and gain an appreciation for Mother Nature and the circle of life. Children are able to use all their senses through this activity and may be more likely to taste new foods since they helped grow it.

## Books

- The Tiny Seed by Eric Carle
- My Garden by Kevin Henkes



## Song

Parts of the Plant (to the tune “Do You Know the Muffin Man?”)

*Do you know the parts of plants,  
The parts of plants, the parts of plants?  
Do you know the parts of plants  
That make them grow and grow?*

*The roots, they hold the plant in place,  
The plant in place, the plant in place.  
The roots, they hold the plant in place  
Soak up food and water, too*

*The stem moves water up the plant,  
Up the plant, up the plant  
The stem moves water up the plant,  
Brings water to the leaves*

*The leaves soak up the rays of sun,  
The rays of sun, the rays of sun  
The leaves soak up the rays of sun  
And help the plant make food*

*The flower grows in to a fruit,  
Into a fruit, into a fruit  
The flower grows into a fruit,  
Which holds the tiny seeds*

*Now you know, the parts of plants,  
The parts of plants, the parts of plants  
Now you know, the parts of plants  
That make them grow*

## References

British Columbia Early Learning Framework, 2019.

<https://www2.gov.bc.ca/gov/content/education-training/early-learning/teach/early-learning-framework>

Let's Play! Activities for Families: Set 3 Identities, Social Responsibility and Diversity.

<https://www2.gov.bc.ca/assets/gov/education/early-learning/teach/earlylearning/lets-play-identities.pdf>

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