

Theme: Let's Move!

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Today's email content is put together by: Teacher Steven (from Tillicum), Teacher Sonika (from Moberly) and Teacher April (Sub).

When we have to be inside all day with young children it is very hard to find things to do to keep them physically engaged. And we all know the importance of keeping activity for not only our physical state but our mental state as well. Here is a link to a song called 'Sleeping Bunnies' that will get them moving. You can also sing this song and change the animals to help get them moving their bodies in different ways. For example - you could sing 'see the little snakes sleeping' and they can slither along the floor on their tummies. <https://youtu.be/BHcFQ9gaMF4>

Getting tired of reading the same story books over and over again. Let's read a book with Teacher Steven called 'Bear's Toothache'.

http://youtube.com/watch?feature=ios_messages_extension&v=UD9iFzTxqDg

Here is a fun art activity you can do with materials you may have lying around your home called **Crayon Magic**. All you need is a piece of paper, crayons, paint brush and a cup with water and food coloring mixed in. Get your child to draw on the paper as little or as much as they would like and then take the paint brush and drop it in the water solution and paint over the drawing. What happened? Why did that happen? You can take this activity into a science talk with older children or just enjoy the process with your little ones.

Below is a photo of April's daughter's drawing! Please send along a photo of your drawing, we would love to see them.



This is a link for story times with the Librarian at VPL every day at 10AM! <https://www.facebook.com/vancouverpubliclibrary/>

This link takes you to the YMCA play at home sing time!

<https://www.ymcahome.ca/safety>

We hope that you are all healthy and safe!

