

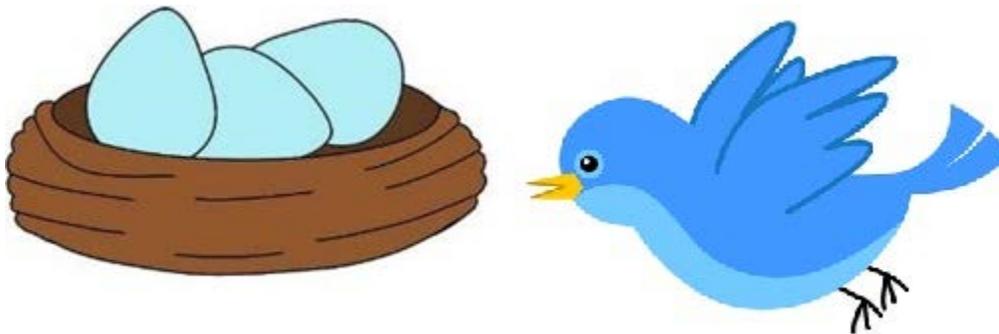
Theme: Birds!

Date: April 21, 2020

Good morning StrongStart families,

Today's email content is put together by Ms. Doris (from Selkirk) and Ms. Natalya (from Nightingale).

With the skies so blue last week, I bet you saw a lot of birds flying around. Ms. Doris and Ms. Natalya prepared a circle time around birds - <https://youtu.be/tbT9o5SjXU8>. In this circle, they sing "Five Little Birds" (great for learning colours, counting to 5 and naming opposites) and "Where is Blue Bird?" (a perfect hide-and-seek song). Ms. Natalya also reads "Do You Have My Quack?" which explores different animal sounds.



After circle time, it's time to move outside for a game called "Eagle's Nest". You will need a ball and items to mark two circular areas (like a hula hoop, chalk or ribbon). Here's how to play:

- 1) Mark two circular spots on opposite sides of your outdoor area. For younger kids, mark it closer together.
- 2) There will be two teams - Eagles and Crows. The Eagles, on one side, will be protecting the egg (which is the ball). The Crows will be on the other side.
- 3) When you say "GO", the Crows must run towards the Eagle's nest and try to steal the egg. But, watch out Crows! If you get tagged, you'll have to go back to your nest, without the egg, and start again!
- 4) To win, the Crows must return the egg to their own nest without being caught by the Eagles.
- 5) **Modifications for 2 people** - If it's just you and your child, take turns stealing the egg or have multiple eggs in the Eagle's nest!

Speaking of eggs, if you have any leftover plastic eggs from Easter, you can make your very own **Egg Shakers**! You will need those plastic eggs, some tape and small items that make noise (like rice, dried beans, beads). Fill the eggs and tape them closed! Decorate with stickers if you like.



If you don't have plastic eggs, Ms. Natalya shows a few different ways to make shakers (like empty bottles and loose buttons) - <https://youtu.be/1TPeISP8caw>.

To finish up, here's a song you can sing with those new shakers you've created.

*Shake your shakers up and shake your shakers down.
Egg shakers dancing all around the town.
Shake them on your shoulders, shake them on your head.
Shake them on your knees and tuck them into bed.*

*If you are new to our daily email and want to find one that was sent before, check out the **StrongStart page for our archived posts**. Content is organized by date and labelled by theme!*

https://www.vsb.bc.ca/Student_Learning/Early-Learners/StrongStart/Pages/StrongStart-Online.aspx

*If you are looking for extra story time videos, you can visit the **StrongStart Story Time Video page** where we post all our book reads by our facilitators.*

https://www.vsb.bc.ca/Student_Learning/Early-Learners/StrongStart/Pages/Story-Time-Videos.aspx

For Families who are Facebook users – Please follow the Vancouver Public Library – they do a live story time each day at 10am <https://www.facebook.com/vancouverpubliclibrary/>