

Theme: Cookies

Date: May 6, 2020

Hello StrongStart friends!

Today's email content is put together by Ms. Cindy (from Cook) and Ms. Evina (from Collingwood).

Boxes, boxes, boxes! What can we do with empty boxes?

You can use them as building blocks or for pretend play. We can also turn them into puzzles. You just have to cut the front of the box into different pieces (less pieces/bigger shapes for younger children and more pieces/smaller shapes for older children). Then, you assemble it back together!



Puzzles are great for fine motor skills, hand-eye coordination, shape recognition and memory. For older children who are able to use scissors, they can cut their own shapes. Parents can draw lines on the back side to guide their child's cutting.

Another activity great for fine motor, hand-eye coordination and pre-math skills is baking! Children practice measuring, scooping, pouring, mixing, stirring and waiting...which helps with becoming more patient.

Let's give this **Raisin Oatmeal Recipe** a try.

### **Ingredients**

- 2 cups flour
- 1 tsp baking powder
- 1 tsp salt
- 3 cups of oats
- 1.5 cups raisins (or craisins)

- 1 cup softened unsalted butter
- 1/2 cup sugar
- 1 cup packed brown sugar
- 2 large eggs
- 2 tsp vanilla extract

## Directions

- Preheat oven to 350C.
- Bowl 1 - whisk together flour, baking powder and salt. Set aside.
- Bowl 2 - mix together butter, sugar, brown sugar, eggs and vanilla extract. Set aside
- Stir flour mixture into creamed mixture until no flour is visible.
- Add oats and raisins to mixture.
- Roll cookie dough into 1-inch balls and place onto greased cookie sheet about 1-2 inches apart.
- Bake for 11-12 minutes until golden.
- Remove from oven, let cool and MUNCH AWAY!

While we are waiting for the cookies to bake, let's listen to Ms. Evina read "If You Give a Mouse a Cookie" - <https://youtu.be/w3DWM-G0n2c>.

After the cookies are done, we have to wait for it to cool so let's sing some songs (Everybody Do This and Pat-a-Cake) with Ms. Cindy - <https://youtu.be/h-ScQqNLxoU>.

*If you are new to our daily email and want to find one that was sent before, check out the **StrongStart page for our archived posts**. Content is organized by date and labelled by theme!*

[https://www.vsb.bc.ca/Student\\_Learning/Early-Learners/StrongStart/Pages/StrongStart-Online.aspx](https://www.vsb.bc.ca/Student_Learning/Early-Learners/StrongStart/Pages/StrongStart-Online.aspx)

*If you are looking for extra story time videos, you can visit the **StrongStart Story Time Video page** where we post all our book (not sent in our daily emails) reads by our facilitators.*

[https://www.vsb.bc.ca/Student\\_Learning/Early-Learners/StrongStart/Pages/Story-Time-Videos.aspx](https://www.vsb.bc.ca/Student_Learning/Early-Learners/StrongStart/Pages/Story-Time-Videos.aspx)

*For Families who are Facebook users – Please follow the Vancouver Public Library – they do a live story time each day at 10am <https://www.facebook.com/vancouverpubliclibrary/>. On Wednesdays, VPL has a live Baby Time at*

*2pm <https://www.facebook.com/vancouverpubliclibrary/videos/10157026038066566/>.*

Let us know how your cookies turned out 😊 Take a picture and send it to us before it's all gone!

