

Theme: Strawberries

Date: May 12, 2020

Good morning StrongStart families,

Today's email is put together by Ms. Hussain (from Henderson).



Strawberries start with the letter "S" and it makes a "sss" sound. They are very juice and sweet. It's also a good brain food. Here's a story called "The Little Mouse, The Red, Ripe Strawberry and the Big Hungry Bear" by Audrey and Don Wood - <https://youtu.be/nJl5HyPL-YY>.



Next, we will be making a tasty strawberry milkshake.

**Ingredients** - 1 cup strawberries (fresh or frozen); 1 cup milk or dairy alternative; 2 scoops vanilla ice cream or yogurt; 1 large banana (or other fruits like blueberries or mangoes).

**Directions** - Put all the ingredients in a blender.



To finish up our strawberry theme, here's a "Strawberry Fruit Song" to sing - [https://youtu.be/yA61gXy0\\_1Y](https://youtu.be/yA61gXy0_1Y)

### **Lyrics**

*Strawberry up,  
Strawberry down,  
Strawberry found on the ground.  
Strawberry round,  
Strawberry square,  
Strawberry very tasty, I don't care.  
Strawberry jump,  
Strawberry clap,  
Strawberry read,  
I had so many, how about you?*

*If you are new to our daily email and want to find one that was sent before, check out the **StrongStart page for our archived posts**. Content is organized by date and labelled by theme!*

[https://www.vsb.bc.ca/Student\\_Learning/Early-Learners/StrongStart/Pages/StrongStart-Online.aspx](https://www.vsb.bc.ca/Student_Learning/Early-Learners/StrongStart/Pages/StrongStart-Online.aspx)

If you are looking for extra story time videos, you can visit the **StrongStart Story Time Video page** where we post all our book (not sent in our daily emails) reads by our facilitators.  
[https://www.vsb.bc.ca/Student\\_Learning/Early-Learners/StrongStart/Pages/Story-Time-Videos.aspx](https://www.vsb.bc.ca/Student_Learning/Early-Learners/StrongStart/Pages/Story-Time-Videos.aspx)

For Families who are Facebook users – Please follow the Vancouver Public Library – they do a live story time each day at 10am <https://www.facebook.com/vancouverpubliclibrary/>.

Take a photo of you and your milkshake and let us know how it tasted 😊

