

Theme: Ice Cream!

Date: May 14, 2020

Hello StrongStart families,

Today's email is from Ms. Cindy (from Cook) and Ms. Evina (from Collingwood).

Ice cream, sorbet, fruit bars and frozen yogurt are all fabulous treats for friends of all ages. Here is a simple ice cream recipe that requires only ONE ingredient - banana!

**Directions:**

- 1) Chop bananas into small pieces and lay them flat on a cookie sheet.
- 2) Place in freezer for at least 2 hours (best overnight).
- 3) Place frozen bananas in a food processor or a strong blender.
- 4) Blend until it is creamy smooth and enjoy!
- 5) Optional - add other fruits or peanut butter to the mix.



While munching on your delicious treat, watch Ms. Evina do a fingerplay story called "Five Scoops of Ice Cream" - <https://youtu.be/vxdKYG34I3I>.

# Five Scoops of Ice Cream

I had 5 scoops of ice cream,  
no less, no more  
One fell off and that left four!  
I had 4 scoops of ice cream,  
as yummy as could be  
One fell off and that left three!  
I had 3 scoops of ice cream,  
yes it's true  
One fell off and that left two!  
I had 2 scoops of ice cream,  
in the melting sun  
One fell off and that left one!  
I had 1 scoop of ice cream,  
sitting on the cone  
I ate it up and that left none!



This next game is an activity to practice throwing. (It is also a chore in disguise.) It's called the Sundae Game.

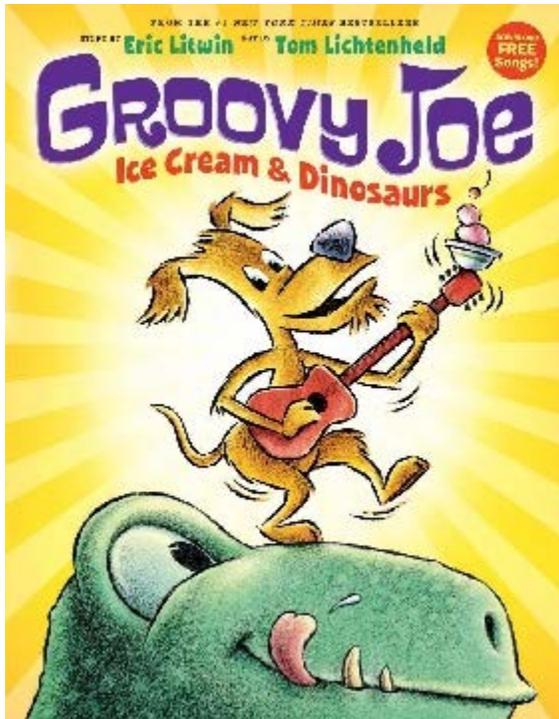
**Supplies:** You will need a bunch of different coloured socks rolled up, maybe the clean ones from the dryer that needs to be sorted and put away (as the different scoops of ice cream flavours) and a big bin or mixing bowl (depending on how difficult you want to make this).

**Instructions:** Toss the ice cream into the bin/bowl!

**Adaptation:** For younger children, use a larger bin. For older children, toss from further back.

Finally, Ms. Cindy will read a book called "Groovy Joe, Dinosaur and Ice-Cream"

- <https://youtu.be/jp5zhOqgxqk>.



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If you are looking for extra story time videos, you can visit the **StrongStart Story Time Video page** where we post all our book (not sent in our daily emails) reads by our facilitators.

[https://www.vsb.bc.ca/Student\\_Learning/Early-Learners/StrongStart/Pages/Story-Time-Videos.aspx](https://www.vsb.bc.ca/Student_Learning/Early-Learners/StrongStart/Pages/Story-Time-Videos.aspx)

For Families who are Facebook users – Please follow the Vancouver Public Library – they do a live story time each day at 10am <https://www.facebook.com/vancouverpubliclibrary/>

Enjoy your tasty treats! Send us a photo of you and your favourite frozen treat 😊

