

Theme: Going for a Walk

Date: May 22, 2020

Good morning StrongStart families,

Today's post is put together by Ms. Cindy (from Cook) and Ms. Evina (from Collingwood).

Have you noticed when you go for a walk that there are so many things to find? If you crouch down low, you may find ants hurrying about. If you look closely at a plant, you may find a ladybug. If you look up high on a windy day, you may see a kite flying high in the sky. What do you see when you go for a walk? Listen to what Ms. Evina saw one morning on her walk (Two Little Blackbird fingerplay) - <https://youtu.be/WDtNTMtf9D4>.

Next time when you go for a walk, see whether you can find/see some of these things: a stop sign, a square, a fire hydrant and a garbage truck. Give this visual scavenger list below a try!



You can also create your own scavenger hunt list. Sit down with your child and together, think of a few things you would like to look for. No suggestion is a bad suggestion. If you can't find it, you can talk about why you didn't see it on the walk. You can also do the reverse where you go for a walk first and then come back and recall the things you saw.

When you're out for a walk, try moving about at different speeds. You can sing "Walking, Walking" with Ms. Cindy - <https://youtu.be/nvMUjPbrBFE>. What other ways can you move? How about jogging? Skipping? Galloping?

Finally, it's time to rest. Come sit down and watch Ms. Cindy do a draw-and-tell story called Bingo - <https://youtu.be/VazzTAFd1GU>.

*If you are new to our daily email and want to find one that was sent before, check out the **StrongStart page for our archived posts**. Content is organized by date and labelled by theme!*

https://www.vsb.bc.ca/Student_Learning/Early-Learners/StrongStart/Pages/StrongStart-Online.aspx

*If you are looking for extra story time videos, you can visit the **StrongStart Story Time Video page** where we post all our book (not sent in our daily emails) reads by our facilitators.*

https://www.vsb.bc.ca/Student_Learning/Early-Learners/StrongStart/Pages/Story-Time-Videos.aspx

For Families who are Facebook users – Please follow the Vancouver Public Library – they do a live story time each day at 10am <https://www.facebook.com/vancouverpubliclibrary/>

Send us a photo of your favourite item that you found on your walk 😊 Enjoy your day!

