

Theme: Squishy Bags

Date: June 1, 2020

Good morning StrongStart families,

Today's email is put together by Ms. Cindy (from Cook) and Ms. Maxine (from Champlain Annex).

Little kids love squishing things in their hands. A squishy bag is a great sensory activity for your child and it also not messy. This activity is budget friendly and very easy to make and perfect for practicing writing numbers, letters and drawing pictures. Squishy bags are also good for fine motor skills.

There are so many ways to make squishy bags such as using glue, paint, hair gel, baby oil and shaving cream.

Here is a video of Ms. Maxine's son Atticus making a squishy bag using flour, water, food colouring and zip-lock bag - <https://youtu.be/wz9fejONs40>.



We used a large zip-lock bag and clear hair gel (half a bottle). If you are worry that it might leak, you can double bag it or use a double zippered bag. Make sure you get all the air out of the bag before your child plays with it.

We collected old buttons to make a quick squishy bag. We stuck the squishy bag onto our window and it's so beautiful when the light shining through. Check out this video of Ms. Maxine doing step by step instructions - <https://youtu.be/i94QvxbisPA>



Here is a video of Ms. Cindy singing "I'm Bringing Home a Baby Bumble Bee" - https://youtu.be/cGzK_zD2bBU

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Let us know what your squishy bag looks like by sending us a photo!

