

Theme: Opposites

Date: June 11, 2020

Hello StrongStart friends,

Today's email is from Teacher Sonika (from Moberly).

Using games to teach children about opposites is a wonderful way to expand their vocabulary.

Teaching Opposites with Movement



- With toddlers, you can just emphasize the words like "high" (stretch up high) and "low" (crouch on the ground).
- With preschoolers, you can challenge them by giving them one set (take a big step) and asking them what the opposite would be (take a tiny step).
- Here are some movements you can try at home: reaching *high* to the sky or *low* to the ground, clap your hands *loud* and *quiet*, run *fast* and *slow*, make a *happy* face and *sad* face, *open* your hands and *close* your hands, turn *left* and *right*.

Teaching Opposites with Toys



- Size comparison with small and big toys.
- Place comparison like in, out, over, under, above, below.
- Weight comparison with toys that are heavy and light, empty and full.

Teaching Opposites with Arts and Crafts



- Using magazines or newspaper, you can find happy/sad faces, day/night time, hot/cold things, young/old, etc.
- You can also try to make happy and sad faces with paper, markers and popsicle sticks.

Opposite with Books

- There are many books available that teach children about opposites. Here is one called "Octopus Opposites" read by Teacher Sonika - <https://youtu.be/4xnewExrJGk>.
- Another one is Eric Carle's Opposite book - <https://youtu.be/SH0wz0SBGuk>

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