

Theme: Light and Shadow

Date: June 19, 2020

Hello StrongStart friends,

Today's email is put together by Teacher Maribel (from Seymour) and Ms. Linda (from Grenfell).

What is light? **Light is a type of energy that makes it possible for us to see the world.**



We need light to see and light comes from different sources. For example, our main natural light source is the sun. Other light sources include fire, stars and man-made lights like lightbulbs and torches.



Look around the house with your children, what kinds of light sources can you find? Find a light source and you may also find a shadow! **Shadows are dark shapes that are formed when an object blocks a light source.**



Here is a great educational video from Kids Academy about light and shadows  
- <https://youtu.be/YuUJCNzfoBw>

Let's make our own shadows. Go outside, on a sunny day, and see what kind of shadows you can make/find?



Shadow drawing is a great outdoor activity. The only materials you will need is a little sunshine, some sidewalk chalk and a friend. One person will make a shadow while the other person traces! For more information, check out this link - <https://www.raisingdragons.com/shadow-drawing-age-4/>

Here are some songs you can sing about shadows:

**I See Shadows by Jean Warren** (to the tune "Frere Jacques")

*I see shadows, I see shadows.*

*On the wall, on the wall.*

*Some are short and scary, some are short and scary.*

*Some are tall, some are tall.*

*I see shadows, I see shadows.*

*Late at night, what a sight!*

*But whenever there is light, they disappear from my sight.*

*They all know, when to go!*

**My Shadow Likes to Move** by Jean Warren (to the tune "If You're Happy and You Know It" or "She'll Be Coming Round the Mountain")

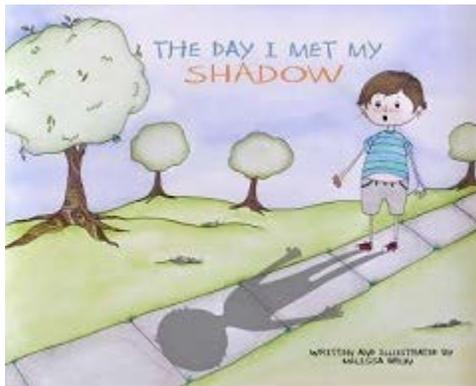
*Oh my shadow likes to move, just like I do.*

*Oh my shadow likes to move, just like I do.*

*Whatever that I do, my shadow does it too.*

*Oh my shadow likes to move, just like I do.*

To wrap up this email, here is a book called "The Day I Met My Shadow" by Melissa Brun - <https://youtu.be/8L52xSUtJNg>



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