

Theme: Fall Playdough

Date: October 6, 2020

Hello StrongStart families,

Today's email is put together by Ms. Ruth (from Renfrew) and a circle time video from Teacher Issette (from Mount Pleasant).

Today, we will be making fall playdough! Here is a no-cook, playdough recipe.



- **Ingredients:** 1 cup of all-purpose flour, 1/4 cup of salt, 1 cup of hot water, 1 teaspoon of oil, food colouring or fall spices like cinnamon or nutmeg (optional)
- **Instructions:**
 - 1) Pour the flour into the bowl and add 1/4 cup of salt. Mix well. If you are using spices, add them now.
 - 2) Add 1/2 cup of water into the mixture. Mix it together. If it is still too dry, add more water gradually. If the flour is too sticky, add more flour.
 - 3) Use your hands to knead the dough (get messy!)
 - 4) If you have food colouring, add it now. Continue to knead until the colour is distributed evenly.
 - 5) Make a small hole in the middle of the playdough and add 1 tsp of oil. Knead until desired consistency!



After you have made the playdough, here are some ideas for a fall-themed fun!

Natural Materials - use sticks, pinecones and leaves from outside to add with your playdough.



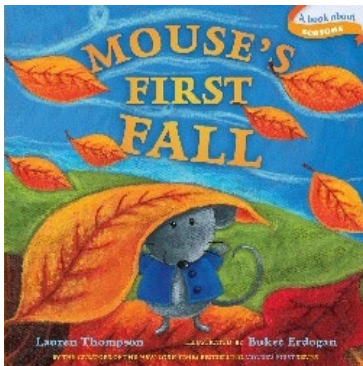
Fall Decoratives - The Dollar Store always has great little things to add to playdough, for example, fake leaves and small acorns.



Fall Tree - If you can make two different coloured playdough, you can make fall trees!



To finish up this email, join Teacher Issette for a circle time about going on an outdoor nature walk - https://youtu.be/gATP0_i0go. In this circle, she will read "Mouse's First Fall" by Lauren Thompson.



For Families who are Facebook users – Please follow the Vancouver Public Library – they do a live story time each day at 10am <https://www.facebook.com/vancouverpubliclibrary/>.

A NOTE FROM THE VANCOUVER PUBLIC LIBRARY:

Vancouver Public Library has moved their Baby Welcoming Events outside!
Is there a new baby in your family? Bring them to the library for an official welcome.
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