

Theme: Magic Mud

Date: November 3, 2020

Hello StrongStart friends,

Today's email is put together by Ms. Ruth (from Renfrew) and Teacher Issette (from Mount Pleasant).

What is Magic Mud? Magic Mud is an interesting material that is liquid when it's resting but solidifies when you move it around and squeeze it. Let's try to make some today!



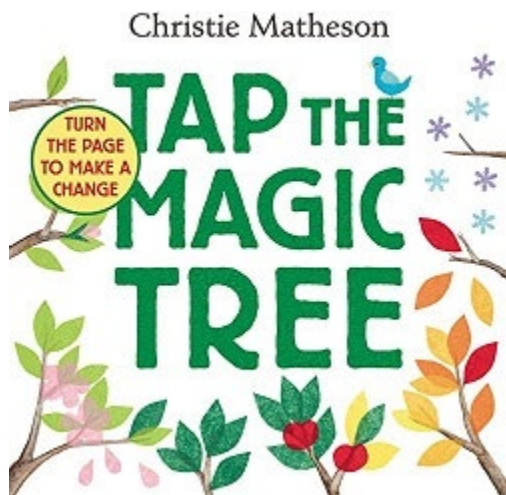
- **Materials:** 1 large tray, 1 small bowl, 1 measuring cup, cornstarch, water, paint
- **Instructions:** Pour 1 cup of cornstarch into the bowl. Add 1/2 cup of water. Add 2 drops of paint (optional - it's for colour). Mix it by hand.



Yes, this will get messy and sticky! But sensory activities (activities that focus the sense of touch) are so good for children. Talk about how it feels - is it cold, slimy or wet? Ask the children how it makes *them* feel. While some children love being in messy situations, some do not. Talk about why - is it because they're afraid to get dirty? That's okay, we can wash our hands after. Other popular sensory activities include playdough, water and sand.



After you've cleaned up, settle down with Teacher Issette as she does a circle time about fall - <https://youtu.be/Ujd8ersMbc4>. In this circle, she will read a book called "Tap the Magic Tree". It is a fun and interactive book for children to participate at home!



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