

Theme: All about Asia

Date: November 24, 2020

Hello StrongStart families,

Today's email is put together by Ms. Christine (from Henderson).

Let's take a trip to the largest continent in the world! Can you guess where? Yes, that's right - **Asia!** A continent is made up of smaller countries. Some countries in Asia include China, Japan and India. There are 48 different countries in Asia and all of them have their own unique cultures, foods and landmarks. Let's hop on our imaginary airplane and learn about a few!

First, we will head to China for a "Hello" song in Mandarin. In Mandarin, we say "ni hao" for "hello" - <https://youtu.be/96ZzzwPdNhM>. Do you know how to say "hello" in another language?



Next, we will fly over to Japan for a quick snack. One of the most well-known food around the world is sushi. Here is a simple recipe you can make at home.

Peanut Butter Sushi Rolls



Ingredients

- 4 slices of bread
- 1/2 cup of peanut butter (alternatives include Wow butter, cream cheese, Nutella)
- 1/2 cup of grape jelly
- optional: you can also add some vegetables like cucumbers or carrots.

Instructions

1. Remove crusts from bread.
2. Using a rolling pin, roll bread until very flat.
3. Spread with peanut butter and jelly.
4. Roll tightly. Cut into 2" pieces and enjoy!

For our final flight, we will be heading over to India to look at the grand Taj Mahal. The Taj Mahal is known as one of the Seven Wonders of the World.



Today, we will re-create the Taj Mahal through an art activity where we paint a beautiful sunset for the magnificent building.

Materials

- printout of the Taj Mahal - <https://thecraftyclassroom.com/wp-content/uploads/2015/01/Taj.pdf>
- watercolors, paint brushes (or you can use markers)
- glue, scissors and white paper

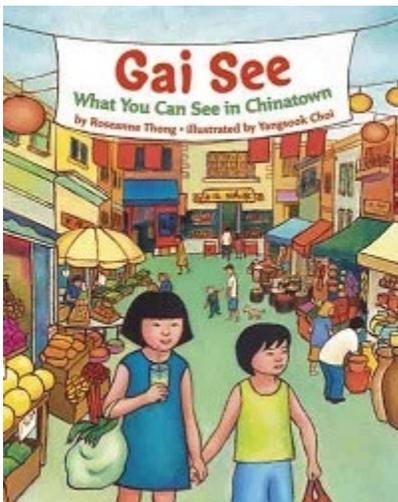
Instructions

1. Set white paper and water colours out for children to paint. Alternatively, you can have them color with markers.

2. When it's finished, set aside to dry.
3. Cut out the Taj Mahal. Older children can do this step by themselves.
4. Glue the Taj Mahal onto the dried painting.



To wrap up this email, join Ms. Christine in a reading of the book "Gai See - What You See in Chinatown" by Roseanne Thong - <https://youtu.be/6jgXDbcxSKM>



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