

Theme: Hanukkah Part 1

Date: December 8, 2020

Shalom StrongStart families!

Today's email is put together by Ms. Cindy (from Cook).



Shalom is a Hebrew word meaning peace, harmony, wholeness, prosperity, and tranquility. It can be used to mean both "hello" and "goodbye".

Hanukkah is the Jewish Festival of Lights. It is a celebration that honors the victory of those trying to keep their faith despite powerful enemy. It is an 8-day holiday that will be celebrated starting sundown on December 10 through 18 this year.



The first night usually includes a big family dinner with foods such as potato latkes, beef brisket and jelly doughnuts. After dinner, the family gathers to light the menorah candles - a new one each night until all eight candles are lit. Blessings and songs are part of the ceremony. Then, children will open gifts from family and friends. They also play games with dreidels and chocolate coins, called gelt.

Now, let's make our own menorah!



Materials:

- 2 pieces of coloured paper (if you don't have paper, you can also use paint)
- yellow marker (or paint)
- pencil
- scissors
- glue

Instructions:

1. Trace your child's hands onto a piece of paper and cut the handprint out. If you are using paint, make two handprints (with thumb overlapping) on the paper.
2. Glue handprints (with thumb overlapping) onto a lighter colored paper.
3. Use a yellow marker/paint and draw a flame on the middle candle. You can also cut out the "flames" from yellow construction paper and glue them on top of the candle.

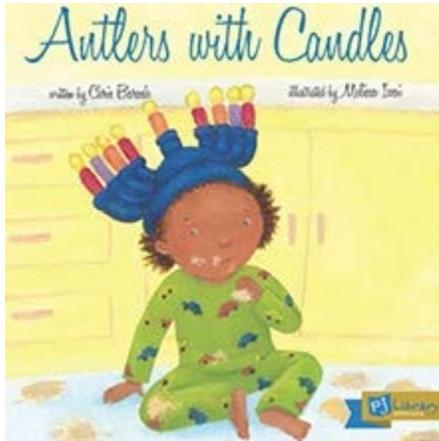


For our song, let's sing **Twinkle, Twinkle Hanukkah Lights** (to the tune Twinkle, Twinkle Little Star).

Twinkle, twinkle Hanukkah lights.

*Shining brightly for 8 nights.
See the dreidel spin around.
Eat some latkes, crisp and brown.
Twinkle, twinkle Hanukkah lights.
Shining brightly for 8 nights.*

To finish up this email, let's read a book called "Antlers with Candles (A Hanukkah Story)" by Chris Barash and Melissa Iwai - <https://youtu.be/oWQxWQbc6JA>



Shalom everyone! Thanks for reading.

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