

Theme: Hanukkah Part 2

Date: December 10, 2020

Shalom StrongStart friends!

Today's post is put together by Ms. Cindy (from Cook).



As with any celebration, there are always certain foods that are served. During Hanukkah, three popular foods are eaten on this Jewish holiday. They include **loukoumades** (deep-fried puffs dipped in honey or sugar), **pancakes** and **latkes** (potato pancakes). These foods are fried in oil which symbolizes the little bit of oil that burned for 8 days.

Here is a simple latke recipe for you to try at home:



Ingredients

- 2 cups of peeled and shredded potatoes
- 1 tbsp grated onion
- 3 large eggs, beaten
- 2 tbsp flour
- 1.5 tsp salt
- 1/2 cup of oil for frying

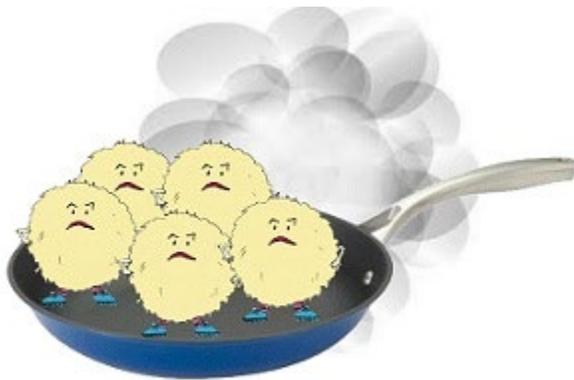
Instructions

1. Place the potatoes in a cheesecloth and wring it out, extracting as much moisture as possible.
2. In a medium bowl, stir potato, onion, eggs, flour and salt together.
3. In a large heavy-bottomed skillet over medium-high heat, heat the oil until hot. Place large spoonfuls of the potato mixture into the oil, pressing down on them to form 1/4 to 1/2 inch thick patties.
4. Brown on one side and turn over to brown the other side.
5. Let drain on paper towels. Serve hot. Enjoy!
6. Optional: Latkes can be topped with sour cream or apple sauce!

After the yummy snack, let's sing a song called "**I'm a Little Latke**" (to the tune I'm a Little Teapot).

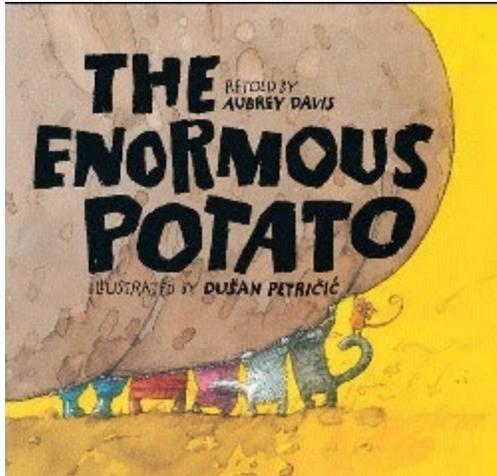
*I'm a little latke, round and brown.
Here is my upside, here is my down.
When I am all ready, take a bite.
And eat me up on Hanukkah night!*

Here is a fingerplay called "**Five Little Latkes**" by Jackie Cytrynbaum and Lisa Baydush - <http://lisabaydush.com/Music%20Units/Chanukah/Five%20Little%20Latkes-prop.pdf>.
Let's have a listen with Ms. Cindy - <https://youtu.be/zVOGhNEAgQM>



Five little latkes sizzlin' in a pan...

To wrap up this email, let's join Ms. Cindy in reading "**The Big Enormous Potato**" by Aubrey Davis and Dusan Petricic - <https://youtu.be/T0e3hGn2Qyc>



Happy Hanukkah everyone!

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