

Theme: Winter Animals

Date: January 7, 2021

Hello StrongStart families,

Today's email is put together by Teacher Maribel (from Seymour) and Teacher Issette (from Mount Pleasant).

Brrr, it's feeling cold outside! When it is this cold, we usually like to spend our time indoors, where it's warm! However, for some animals, they LOVE the cold! What animal are those? Let's watch this video about some winter animals and the sounds they make

- <https://youtu.be/suWdzT5YNyQ>. Can you make some of those sounds too?



One of the winter animals that was featured in the video is a polar bear! Today, we will be making a polar bear painting (source: <https://playtolearnpreschool.us/polar-bear-process-art/>)!



Materials:

- newspaper
- shallow pan with water
- finger paint paper
- blue and white paint

Instructions:

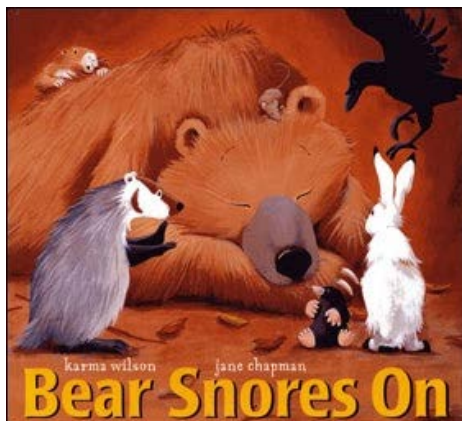
1. Trace polar bear template onto newspaper and cut out. Do about 10-12 sheets (stapled together) since newspaper is thin.
2. Soak in the shallow pan with water for a minute. Drip off any excess water.
3. Put wet template onto finger paint paper.
4. Using your fingers, hands or paintbrush, cover the whole paper!
5. Once done, let sit for a few minutes. You don't want it to dry otherwise you won't be able to peel off the template. Here's an example of a finished product!



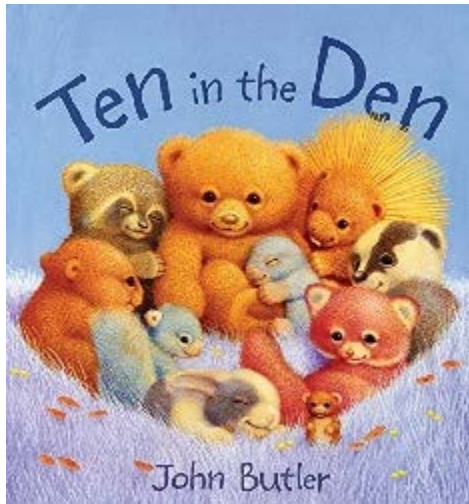
After your art activity, you can settle down with some books! Here are two we love:

Bear Snores On by Karma Wilson (read by Ms. Cindy from Cook StrongStart)

- <https://youtu.be/fZXoLYicie4>



Ten in the Den by John Butler (read by Ms. Cindy from Cook StrongStart)
- <https://youtu.be/Rf20mMIPqGE>



To wrap up this email, here's a song about our favourite kind of bear - a teddy bear! It's called My Teddy Bear by Super Simple Songs - <https://youtu.be/666UZRB05q8>

*My teddy bear has two eyes, two eyes, two eyes.
My teddy bear has two eyes, I love my teddy bear.*

*My teddy bear has one nose, one nose, one nose.
My teddy bear has one nose, I love my teddy bear.*

*My teddy bear has two ears, two ears, two ears.
My teddy bear has two ears, I love my teddy bear.*

*My teddy bear has two arms, two arms, two arms.
My teddy bear has two arms, I love my teddy bear.*

*My teddy bear has two legs, two legs, two legs.
My teddy bear has two legs, I love my teddy bear.*

*My teddy bear has four paws, four paws, four paws.
My teddy bear has four paws, I love my teddy bear.*



We would love to see a photo of you with your favourite teddy bear 😊 Thanks for reading!

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