

Theme: Valentine's Day Part 1

Date: February 4, 2021

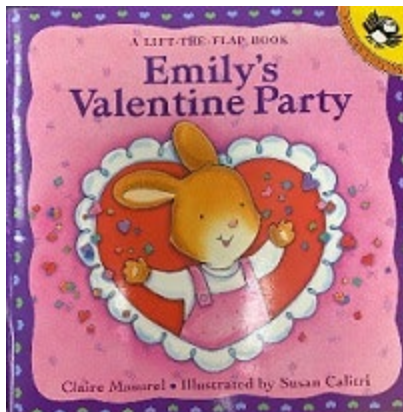
Hello StrongStart families,

Today's email is put together by Teacher Issette (from Mount Pleasant).



**February 14th is Valentine's Day.** You can show your love to your family, your friends and even your pets!

Let's start with a Valentine's Day themed circle time with Teacher Issette - <https://youtu.be/iVGblTgKe4U>. In this circle, she will read a book called "Emily's Valentine Party" by Claire Masarel.



After the circle, let's sing a song about love. It's called **Skidamarink** - <https://youtu.be/6916kVhbEZw>

*Skidamarink a dink a dink,  
Skidamarink a doo,  
I love you!  
Skidamarink a dink a dink,*

*Skidamarink a doo,  
I love you!*

*I love you in the morning and in the afternoon.  
I love you in the evening and underneath the moon.*

*Skidamarink a dink a dink,  
Skidamarink a doo,  
I love you!*

After our song, here are two craft ideas to do at home: Valentine's Necklaces and Heart Painting.

**Valentine's Necklaces** (source: [https://makezine.com/2010/02/01/valentine\\_heart\\_leis/](https://makezine.com/2010/02/01/valentine_heart_leis/))



**Materials:**

You will need red and pink construction paper, plastic straws, hole punch, yarn and scissors.

**Instructions:**

- Cut out plenty of hearts from construction paper.
- Punch a hole in the middle of the heart.
- Cut straws into one-inch-long pieces and string long enough for a necklace.
- Lace the heart and straw pieces through the string.

**Cardboard Roll Heart Shape Painting** (source: <http://www.housingaforest.com/heart-tube-stamping/>)



Materials:

You will need toilet paper rolls, tape, paper and paint.

Instructions:

- Press the toilet paper down the middle so it bends the opposite end into a heart shape. Tape it in place.
- Use the toilet paper roll as a stamper and paint away!



To finish off this email, let's get our hearts beating a little faster with some exercise and movement!



Cut out some large hearts and place them far enough for children to jump and take large steps. Tape the hearts to the floor to avoid slipping or use on a carpeted area. Here are a few fun games to try:

- **The Floor is Lava** - Children must jump from heart to heart while avoiding the floor because it's lava!
- **Number Hearts** - Put numbers (or letters) on the hearts and ask your child to jump, hop or leap to the one you ask for.
- **Crawling Race** - For babies, encourage them to crawl from heart to heart. You can leave a little snack on each heart for motivation 😊



**Vancouver Public Library** has Facebook Live Storytimes, Babytime and Toddlertime on Zoom and Virtual Storytime on YouTube.

- **Toddlertime on Zoom:** <https://vpl.bibliocommons.com/events/search/q=Toddler%20Storytime%20on%20Zoom>
- Facebook: <https://www.facebook.com/groups/VPLKidsGroup/permalink/305851480553261/>
- YouTube: [www.youtube.com/user/vancouverlibrary](http://www.youtube.com/user/vancouverlibrary)

