

Theme: National Pet Day: Meet Nora

Date: April 6, 2021

Hello StrongStart families,

Today's email is put together by Ms. Cindy (from Cook).

This Sunday, on the 11th, is National Pet Day! The first National Pet Day was in 2006 to celebrate pets and the joy they bring into our homes. This day was created to shine a spotlight on the many types of animals without loving homes (either in shelters or on the streets) all over the world. If you are interested in adopting a pet, big or small, check out these local agencies:

- **BC SPCA** - <https://spca.bc.ca/>
- **Vancouver Rescue Orphan Kitty Association** - <https://www.vokra.ca/>
- **Petfinder** - <https://www.petfinder.com/>

Let's meet a feline friend today! This is my cat, Nora!



Nora is a brown and black, shorthaired tabby cat. She is 3 years old. Nora is from Prince George and was adopted into my family through a rescue agency. I adopted Nora when she was 2 years old. She's brought a lot of joy into my life and I love her very much! She is gentle, friendly and affectionate. Nora enjoys sitting and sleeping on laps, watching cat T.V., and playing with pompoms!



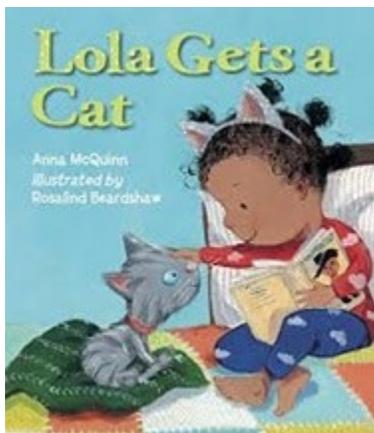
Since Nora loves pompoms, let's try an activity with pompoms. Here's what you need:

Materials: pompoms (or any other items you can find in the home), tongs, a plastic bottle or bowl.

Instructions: Have your child put pompoms into the bottle/bowl using the tongs. This activity practices fine motor skills of the hand and fingers, hand-eye coordination, spatial awareness and problem solving.



Now, it's time to join Ms. Cindy for a circle time where she reads a book called "Twinkle, Twinkle, ABC" - <https://youtu.be/uISamWayv9U>. After this short circle, have a listen to this book called "Lola Gets a Cat" by Anna McQuinn - <https://youtu.be/FonWx4tO8P4>.



To wrap up this email, let's move our bodies like a cat. Join Cosmic Kids Yoga Adventure for "Parsnip the Cat" - <https://youtu.be/9raabnW0L-4>



Vancouver Public Library has Facebook Live Storytimes, Babytime and Toddlertime on Zoom and Virtual Storytime on YouTube.

- **Toddlertime on**

- Zoom: <https://vpl.bibliocommons.com/events/search/q=Toddler%20Storytime%20on%20Zoom>

- Facebook: <https://www.facebook.com/groups/VPLKidsGroup/permalink/305851480553261/>

- YouTube: www.youtube.com/user/vancouverlibrary

