

Date: May 4, 2021

Theme: Cinco de Mayo

Hello StrongStart friends,

Today's email is put together by Ms. Linda (from Grenfell).



Cinco de Mayo (pronounced *sink-oh-day-my-oh*) is an annual celebration to commemorate the date of the Mexican army's victory over France at the Battle of Puebla in 1862. While it is relatively minor in Mexico, people in North America have taken this date to evolve it into a celebration of Mexican culture and heritage!

Some of the activities families do to celebrate this holiday are singing and dancing, eating delicious foods like tacos, fajitas or nachos and salsa, playing with pinatas (*pen-yah-tahs*) and decorating with bright colored paper lanterns and flowers. Let's try a few today!

Art Activities



- Musical Paper Plates - Two paper plates, tape/stapler, strings, ribbons, felts, paints or markers to decorate. Decorate your plates and fill with beans or rice. Completely seal the edges with tape or staples. Shake away!



- Colourful Bracelets - Gather some beads and string. Encourage older children to thread it through themselves!

Games

- Hot/Calor or Cold/Frío (*free-oh*) - Hide an object when your child is out of the room. Once they return, give clues as to where the item is by saying "hot, calor" or "cold, frío" as they move closer/further away from the object. If they find it, you say "bien" (*bee-en*)!
- Find the Colours - Say the colour in English and Spanish (e.g., red is rojo) and ask children to scan the room to find something of the same colour!



Cooking



Now, let's make some tacos together. There are soft shell tacos and hard shell tacos. You can fill it with ground beef (or another meat alternative), lettuce, tomatoes, peppers, cheese, salsa or sour cream! Check out this website for a variety of taco recipes - <https://www.kids-cooking-activities.com/recipe-for-making-tacos.html>.
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Books



- Max Celebrates Cinco de Mayo by Adria Worsham
- <https://www.youtube.com/watch?v=fXShXVgBIR0>
- We Celebrate Cinco de May in Spring by Jenna Lee Gleisner
- <https://youtu.be/y10anLDLMY0>

Song



To finish up this email, we will be singing and dancing to a song called "It's Cinco de Mayo Today" by the Kiboomers - <https://youtu.be/19w04KBhILc>

Feliz Cinco de Mayo!

*It's Cinco de Mayo today, Clap your hands and shout ole!
It's Cinco de Mayo today, Clap your hands and shout ole!
It's Cinco de Mayo today, Clap your hands and shout ole!
It's Cinco de Mayo today, Clap your hands and shout ole!*

*We jump, and jump and jump, And dance around the hat,
We jump, and jump, and jump, And spin around like that!*

*We shake and shake and shake And shake the maracas,
We shake and shake and shake The maracas around like that!*

*It's Cinco de Mayo today, Clap your hands and shout OLE!
It's Cinco de Mayo today, Clap your hands and shout OLE!*

Vancouver Public Library has Facebook Live Storytimes, Babytime and Toddlertime on Zoom and Virtual Storytime on YouTube.

- Zoom Storytimes: <https://vpl.bibliocommons.com/events/search/index>
- Facebook: <https://www.facebook.com/groups/VPLKidsGroup/permalink/305851480553261/>
- YouTube: www.youtube.com/user/vancouverlibrary

