

Theme: 7 Grandfather's Teaching: Eagle (Love)

Date: June 22, 2021

Hello StrongStart friends,

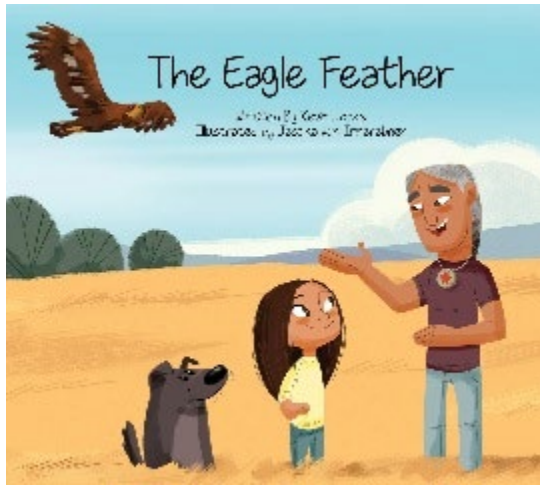
Today's email is put together by Teacher Val (from Xpey'). We would like to acknowledge that we live, work and play on the traditional, ancestral and unceded territory of the Coast Salish peoples—Sk̓w̓x̓wú7mesh (Squamish), Stó:lō and Səlílwətaʔ/Selilwitulh (Tseil-Waututh) and xʷməθkʷəy̓əm (Musqueam) Nations.



**The Eagle represents Love.** The eagle has the strength to carry all the teachings. The eagle can fly the highest and also has the sight to see all the ways of being from great distances. The Eagle's teaching of love can be found in the core of all teachings. Therefore, an eagle feather is considered the highest honour and a sacred gift.



Now, let's read a book about the Eagle and its feather - <https://youtu.be/9DGSZRZ1gVaU>. It is called "The Eagle Feather" by Kevin Locke.



Eagle feathers are sacred and are gifted to deserving Indigenous peoples to honour the work they do within their communities. Therefore, we should not be actively seeking eagle feathers for our own collection. Instead, we can use feathers from other birds or craft feathers. Here's a decorative art you can make for your home.

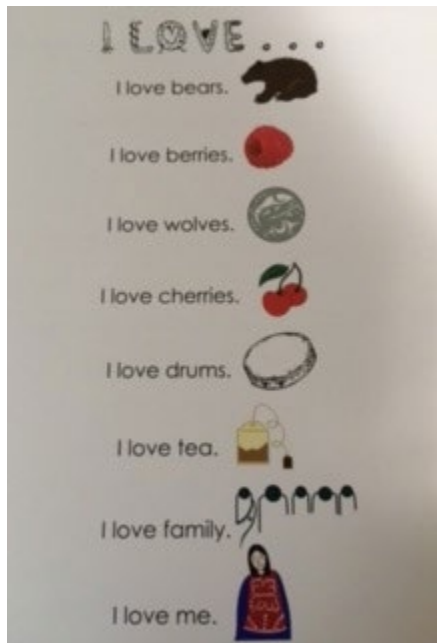


Materials: wooden stick, feathers, yarn/ribbons, paint

Instructions:

- Wrap the yarn/ribbon around the stick.
- Tie the thread to the feather and then to the stick.

Did you know that eagles are loving parents and teachers to their offspring? They are always protecting them and guiding them in the world. Its love is unconditional! Let's say this poem together...



What do you love? Who do you love? Who loves you? Let's finish with a song called "Skidamarink" by Super Simple Songs - <https://youtu.be/ug1pl-Ephns>

*Skidamarink a dink a dink,  
Skidamarink a doo.  
I love you.*

*Skidamarink a dink a dink,  
Skidamarink a doo.  
I love you.*

*I love you in the morning.  
And in the afternoon.  
I love you in the evening.  
And underneath the moon.*

*Skidamarink a dink a dink,  
Skidamarink a doo.  
I love you.*