

WELCOME TO KINDERGARTEN

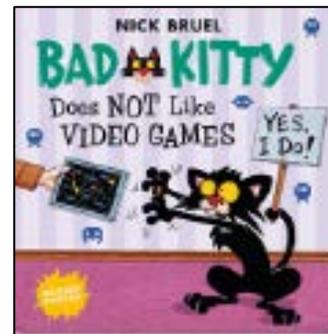
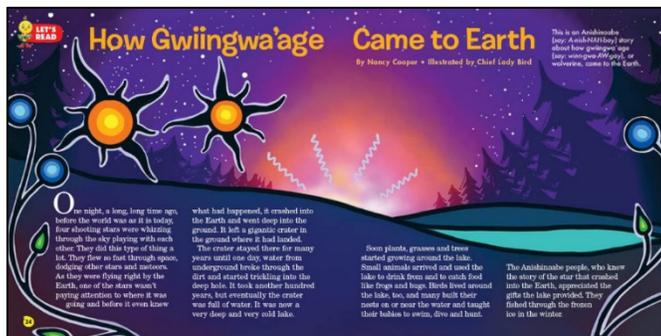


Chirp Magazine

TALK

- Going into kindergarten is a big transition for children and it is never easy. Talk to your child about their feelings around going to school on the first day. Encourage them to share their fears and anxiety. Share your experience of attending school for the first time. What were you worried about? How did you overcome your fears? If children can relate to important adults in their lives, it may provide a sense of comfort.
- **Visit a kindergarten class.** Turn to page 6 in the Chirp magazine to see a typical kindergarten classroom. Click here to listen to the “[Welcome to Kindergarten](#)” song. Talk to your child about the different activity centers in the classroom and the classroom routines (e.g., where jackets and backpacks go).
- **Note: Check out Family Activities for Early Learners Resource Book (pages 5-6) for more TALK-READ-SING-PLAY ideas and suggestions -**
https://www.thelearningpartnership.ca/TLP/media/Documents/Welcome%20to%20Kindergarten%20Page/019-07-24_WTK_Resource_ENG.pdf

READ



- **How Gwiingwa'age Came to Earth** by Nancy Cooper: <https://www.owlkids.com/audio/>
 - This is an indigenous story about a special animal. For more activities around this story, visit page 6 of the Family Activities for Early Learners Resource Book.
- **Bad Kitty Does NOT Like Video Games** by Nick Bruel: <https://youtu.be/EP209-4pSJA>
 - Aside from video games, what other activities does your family enjoy doing? Look at page 22-25 in the Chirp magazine for more ideas to do at home.

SING

- **Jump Up, Jump Down** from the Welcome to Kindergarten CD – click [here](#)
- **Shake Your Sillies Out** - <https://youtu.be/lbsNRF1IAz0>
We're going to shake, shake, shake your sillies out.
Shake, shake, shake your sillies out.
Shake, shake, shake your sillies out, wiggle your waggles away
 - Repeat with *jump your jiggles, clap your crazies, hop your sillies, etc*

PLAY

- **20 Seconds Healthy Heart Exercises** - <https://youtu.be/1Nc7SUwtylE>
 - Find more healthy heart exercises on page 16 of your Chirp Magazine.
- **Nature Fun** - <https://youtu.be/LYblxS8fcXg>
 - Walk around your neighbourhood and see what you can find. Collect items like leaves, rocks and flowers and turn them into beautiful art.
 - Paint some rocks and leave them around the neighbourhood for others to enjoy.
- **Volcano Experiment** - <https://youtu.be/kM2MiAwnzgA>
 - Materials: cardstock paper, vinegar, baking soda and food colouring (optional) and a tray
 - Instructions:
 - Make a “volcano” with cardstock paper and place it on a tray.
 - Make the “lava” by mixing together vinegar and food colouring in a container, and then add baking soda.
 - Pour “lava” into the volcano and watch the eruption!



- For more science experiments, check out page 20-21 from the Chirp magazine.