



WELCOME TO KINDERGARTEN

SCHOOL ART SUPPLIES

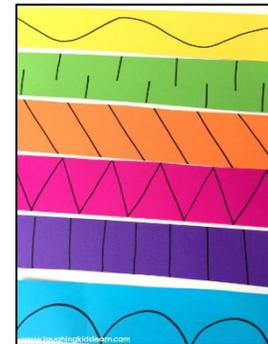


TALK

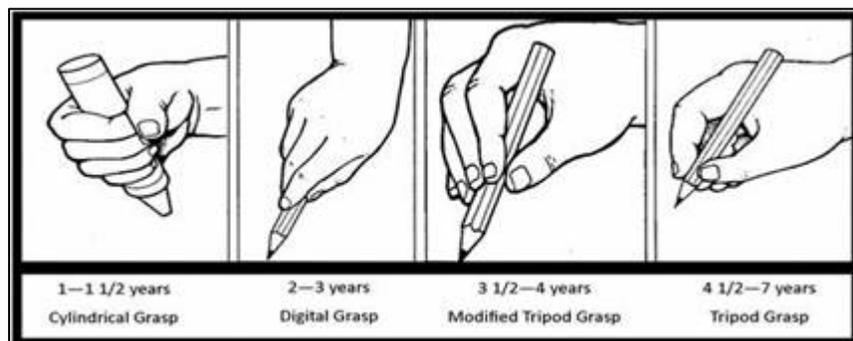
- Children use fine motor skills (e.g. the small muscles in the hands and wrists) to do many school-related tasks. There are things you can do at home to help improve your child's fine motor skills.

1. **Scissors** – Cutting with scissors requires the skill of hand separation (which is the ability to use the thumb, index and middle fingers separately from the pinky and ring fingers). If your kindergartener is beginning to show an interest in using scissors, here are a few strategies for getting started:

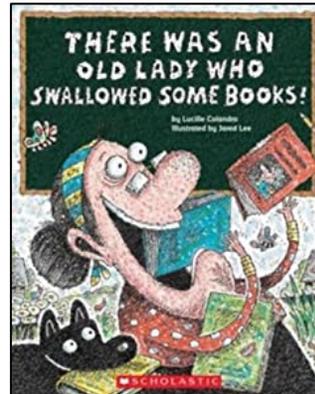
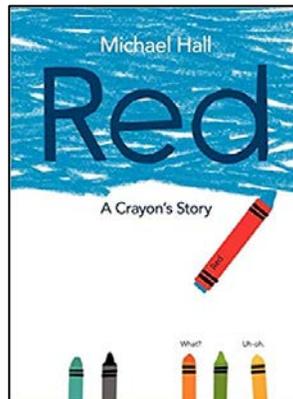
- Stress scissor safety (e.g., sit down when using scissors, do not run while holding scissors).
- Demonstrate how to use scissors.
- Encourage independent cutting.
- Offer one-inch wide strips of card stock, construction paper or old flyers for practice. After some time, introduce cutting in straight lines, curved lines, angled lines and even simple shapes.



2. **Glue** – Teaching children how to use glue allows the opportunity for independence. It also helps foster patience and develops crucial fine motor skills.
3. **Pencil and crayons** – When children use pencils and crayons, they are building strength in their hands and fingers, thus, increasing endurance for writing and colouring.



READ



- **Red – A Crayon’s Story** by Michael Hall – <https://youtu.be/5uUyKriCOVE>
- **There Was an Old Lady Who Swallowed Some Books** by Lucille Colandro - <https://youtu.be/hqIFKubdPP0>

SING

- **I am a Pizza** by Charlotte Diamond: https://youtu.be/RI_sfDHfs
*I am a pizza, I am pizza.
With extra cheese, with extra cheese!
From tomatoes, from tomatoes.
Sauce is squeezed, sauce is squeeze.
Onions and mushrooms, onions and mushrooms.
Oregano, oregano.
I am a pizza, ready to go!*

PLAY

Try this **Paper Pizza Craft!**

- Materials: coloured paper, glue, scissors, crayons and pencil.
- Instructions:
 1. Pizza crust: Draw/Trace a circle the size of a large round plate. Cut out the circle.
 2. Sauce: Draw a smaller circle within the paper crust. Colour the sauce.
 3. Pizza toppings: Cut paper in various shapes and sizes. (e.g. small bits of yellow for cheese, red circles for pepperoni and long strips of green for peppers.) Glue toppings onto pizza with glue stick.
 4. Ask your child to print their name on the back of their pizza when it is done.

