

WELCOME TO KINDERGARTEN



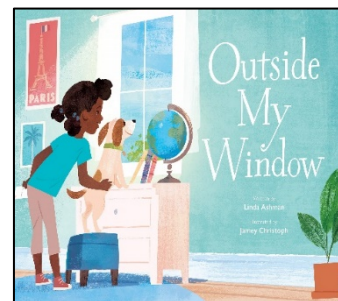
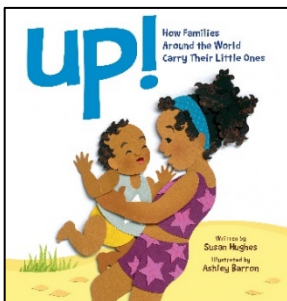
Book: Up!

TALK:

- “Up!” is a book celebrating baby love and how little ones are carried around the world.
- Talk to your children about how they were carried when they were young. Share with them how you were carried when you were young. Is it the same or different? Together, talk about the feelings you felt when you were being carried (e.g., loved or safe).
- Look through the book and talk about how things are similar or different compared to where you live.
- Share photos of your childhood, their childhood, your experiences growing up and their experiences growing up!
- Sing together:
 - **Yo Te Amo (I Love You):** <https://youtu.be/QOIkz5PQ49I>
 - Yo te amo, yo te amo. All day long, I sing this little song to you.
 - Yo te amo, yo te amo, darling I love you.
 - **Some Families (Rhyme)**

Some families are large (*spread arms out wide*)
Some families are small (*bring arms close together*)
But I love my family best of all (*cross arms over chest*)

READ:



- **Up!** by Susan Hughes: <https://youtu.be/nyzpp7AecTM>
- **Families** by Shelley Rotner and Sheila M. Kelly: <https://youtu.be/nriMRFqOao4>
- **Outside my Window** by Linda Ashman: <https://youtu.be/yGlZfype7uc>

CREATE:

Family Hand/Footprint Art

- Paint hands or feet of your family members with different coloured paints.
- You can also trace and cut out handprints/footprints on different coloured papers.



Nature Families

- Go on a nature walk and collect various items such as leaves, pebbles, flowers petals or sticks.
- Build a family portrait with the things you find.



PLAY:

Paper Bag Stories

- Place a dozen or so small items from your home into a “mystery bag” (e.g., ball, animal figurine, ball, car, etc).
- Each person pulls out one or two items and together, you create a story.
- Have one person write it down so you can read it aloud after.

Freeze Dance

- Play and dance to cultural music. When the music starts, begin dancing. When the music stops, freeze.
- Talk to your child about whether different music might make their bodies move differently (e.g., faster or slower).