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A partnership initiative of the
 **VANCOUVER SCHOOL BOARD**
Vancouver Coastal Health

SACY Teen Engagement Program (STEP) & The Adult Toolkit Workshop

Dear caregivers,

Thank you for supporting your child's participation in the **SACY Teen Engagement Program (STEP)**. For three days, your child will participate in activities that encourage reflection on individual decisions, goal-setting and visioning activities, risk mitigation, healthy relationships and critical thinking, in addition to education and awareness surrounding alcohol and other drugs. The work students do at STEP can be supported and made more effective by the approach you take at home. Consistent messaging from parents and schools helps teens to implement their own goals for a healthier life.

An important part of STEP is the **SACY Adult Toolkit**, a 2-hour evening that offers:

- A friendly, non-judgemental atmosphere with opportunities to share knowledge.
- Practical, evidence-based information consistent with student learning at STEP
- Strategies for communication and supporting teen decision-making
- Resources and community supports for your own next steps in parenting

SACY Adult Toolkit: SACY portable on the grounds of Sir Charles Tupper Secondary

The portable is on the corner of Prince Edward St and East 23rd Ave.) Please attend any date:

October 17, 2018 (Wednesday) 6:30 – 8:30 pm

December 12, 2018 (Wednesday) 6:30 – 8:30 pm

March 7, 2019 (Thursday) 6:30 – 8:30 pm

May 22, 2019 (Wednesday) 6:30 – 8:30 pm