

If interested in learning more about the science of gratitude, please see the following link -

<https://outlook.office.com/mail/deeplink?version=20201019001.14&popoutv2=1>

On another more practical note, I would also like to remind parents and guardians that Term 1 interim Report cards for quarterly classes are now published on MyEdBC. The Final Reports for Term 1 course will be published into MyEdBC on November 27, 2020. The latter will also be the date Interim report cards are published for students who in semester classes. Finally, parents are invited to watch the Documentary: Screenagers and participate in a discussion at the next PAC Meeting on November 18, 2020.

With Gratitude,

Tim McGeer – Principal

IMPORTANT NOVEMBER DATES

Friday November 6, 2020 – Fire Drill (1:50pm)

Tuesday November 10, 2020 – Remembrance Day Assemblies 

Wednesday November 11, 2020 – Remembrance Day (No Classes in Session)

Tuesday November 17, 2020 – Quarter 1 ends

Wednesday November 18, 2020 – Quarter 2 begins

Friday November 13, 2020 – Collaborative Planning Time (CPT) 12:15pm-1:15pm (No Flex B Class)

Wednesday November 18, 2020 – Zoom PAC Meeting (Details in PAC Section)

Tuesday November 24, 2020 – Photo Retake Day

Friday November 27, 2020 – Q1 Final Marks Published on MyEducationBC (3pm)

Friday November 27, 2020 – District Wide Professional Development Day (No Classes in Session)

SCHOOL/OFFICE INFORMATION

Daily Health Assessment: We ask that you continue to monitor your child(ren) on a daily basis before each school day, see attached: [Daily Health Assessment - Student \(Revised\).pdf](#)

School Cash Online: Please check your school cash online vsb.schoolcashionline.com/ items as the end of Q1 is fast approaching. If you have not registered for School Cash Online, please do so as soon as possible. This approach of paying online instead of sending cash or cheques to the office saves time and it helps to keep everyone healthy and safe. If there is an item that appears on your account that you feel should not be on the account, contact the Office at (604)713-8258 and ask to speak to Holly Low (Accountant) or email: hlow@vsb.bc.ca

Yearbooks: The deadline to get your Yearbook at a \$5.00 savings is October 31st. We are over 60% sold. Get yours before it is too late! This will be a school year that will go down in History!

School Photos: Artona Photo Studios were in on October 2 and 5, 2020 to take school photos, if you would like to order your child's school photo please follow the link: <http://labs.artona.com/photoday>

Photo retake day will be on November 24, 2020

ATHLETICS

Mr. Hodgson here, athletic director at U-Hill. I just wanted to connect with you all in regard to athletics this year. It will look different; we will not have teams competing against other schools yet. Instead, intramurals will be offered (U-Hill students versus U-Hill students) with differing sports participated in throughout the school year. Teams will be created by YOU (by grade level only) and will be submitted to Mr. Hodgson for approval and registration purposes. I will keep you updated as things progress. Stay safe.

Please email any questions to: jhodgson@vsb.bc.ca

There will be some athletic competitions that may happen, with cross country getting approved to begin

PARENT ADVISORY COMMITTEE

The monthly PAC Meeting will be on Wednesday November 18, 2020 at 7:00pm on Zoom.

Join Zoom Meeting:

<https://us02web.zoom.us/j/83536239505>

Meeting ID: 835 3623 9505 (No Password Needed)

COUNSELLORS' CORNER

We would like to take this opportunity to remind parents/guardians of the counselling resources for students and families. These include: Anxiety Canada, Kelty Mental Health and Family Smart

You will find these resources and more on our website: <https://uhillcounselling.weebly.com/> We recognize that these are challenging times so we encourage students and families to explore supports and resources to assist with self-care.

https://uhillcounselling.weebly.com/uploads/1/1/3/5/113595019/tips_for_families_-_vsb_resources_letter.pdf

https://uhillcounselling.weebly.com/uploads/1/1/3/5/113595019/tips_for_families_vsb_resources_letter_chinese_.pdf

Also, we kindly request that any changes you are needing for future quarters be done in a specific window. This is to allow us to focus on the other aspects of student support that are so important to student well-being. The next window will be Nov. 12-23, 2020. We are only able to make changes for missing classes and required courses at this time.

We would also like to remind students that we continue to be here to support them too. The best way to meet with us is to email their respective counsellor to book a meeting (in person, online, or by phone)

Ms. Emily Chen (Grade 8 – 11, Last Name A-L, LSP) ehchen@vsb.bc.ca

Ms. Susan Hornby (Grade 8 – 11, Last Name M-Z, Transitions) shornby@vsb.bc.ca

Ms. Elizabeth Watanabe (Grade 12, Whitecaps) ewatanabe@vsb.bc.ca

-LEST WE FORGET-

