

# Nightingale News

## “PROUD TO BE HAWKS”

Honest, Awesome Attitude, Working hard, Kind, Safe



*We acknowledge that we live, work and play on the unceded and traditional territories of the Coast Salish peoples – Squamish, Tsleil-Waututh and Musqueam nations*

2740 Guelph Street  
Vancouver, BC V5T 3P7

**MS. PARIN MORGAN, Principal**  
Ms. Giovanna Martino, Admin. Assistant

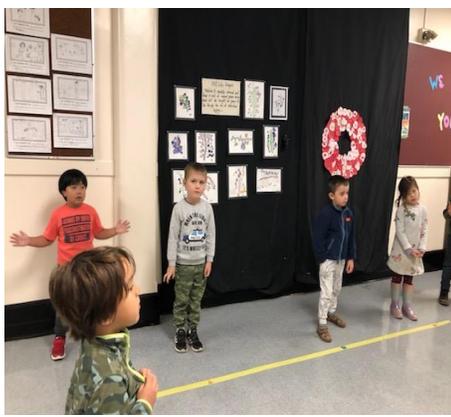
PHONE: 604-713-5290  
FAX: 604-713-5292

NEWSLETTER

November 12th, 2020

### Principal’s Message

On Tuesday, Nov. 10<sup>th</sup>, Nightingale held a virtual ceremony via TEAMS Remembrance Day. Remembrance Day began as a day to honor the men and women who sacrificed their lives. Soldiers were sent from many countries, including Canada to fight in the Great War. We recognize this day because the war ended on the eleventh month, on the eleventh day at the eleventh hour in 1918. We wear the red poppy as a symbol of Remembrance Day. This is because of a Canadian soldier named John McCrae. He was a Doctor, a poet, and a soldier in the Canadian forces. He was inspired to write the poem, “In Flanders Field” when he saw the field was covered with beautiful red poppies. In the poem he reminds us all to remember and honor all the soldiers who sacrificed their lives so that we can live in Peace. Therefore, we have been given the responsibility of remembering this sacrifice, to keep striving for World Peace. I believe that Peace, must always begin with the individual. It must live inside us. We can always learn from great people in history, as Confucius once said “What is hateful to you, do not do to others”. This of course applies to all our great Nations, but it also applies to each one of us, in our relationships with each other. Peace begins in the heart. **At Nightingale, we are very fortunate to have a community that is loving and peaceful.** As Dalai Lama said: “As individuals we can influence our own families. Our families can influence our communities. And our communities can influence our nations.”



**Peace**  
Is like a puzzle  
It is made of many pieces  
Kindness  
Heart  
Service  
Giving  
When all the pieces fit together  
The puzzle is complete  
With love

Presented by Falak



**The Heart of Bravery**  
As we pause together in silence  
Let us find  
Stillness and Breath  
  
And within that Breath  
And within that Silence  
Let us Listen  
  
The greatest weapon  
of warrior is not Weapon  
But a Way of Being  
Kind, Noble, Compassionate and  
Brave  
  
May we take courage from our  
Ancestors



Div. 12



We are grateful to have  
Ms. Deanna Hughes-Slade  
Indigenous Education worker  
At Nightingale



**Aboriginal Veterans' Day**  
**November 8, 2020**  
**Mr. Canning**



We are all familiar with Remembrance Day and how we wear the poppy as a symbol to, not only commemorate peace at the conclusion of World War One, but also to remember those that had their lives cut short by the Great War. What many of you may not be aware of is that we have another Remembrance Day and this one falls on November 8<sup>th</sup>. This is Aboriginal Veterans' Day. In 1918 an Aboriginal person living on the reserve required a pass from the local Indian agent to leave their territory. Aboriginal parents of school age children had their children removed from their homes and placed in Residential schools. In 1918 Aboriginal people were not considered Canadian citizens. They were wards of the state and were not permitted to vote in federal elections until 1960. Despite these injustices, and many more, Aboriginal people cared about their lands and actively sought to gain further respect in Canada. Many thought enlisting in WWI would earn them the respect they deserved but unfortunately proper recognition for their contributions was years to come. Aboriginal Veterans' Day began in Manitoba in 1994 to honour the contributions of First nations, Metis and Inuit people who served in the Canadian Military. In 2001 the National Aboriginal Veterans War Memorial was unveiled in Ottawa and many communities across Canada conduct ceremonies on November 8<sup>th</sup> to remember Aboriginal vets. Today we recognize the contributions of Canada's Aboriginal veterans. Without their contributions and generosity Canada would not be the country we know and love. This Remembrance Day let us all remember that we are all living on Aboriginal lands. This Remembrance Day let us not forget the Aboriginal veterans that serve Canada so well.



**The Garden of Peace**

Plant a seed of Peace  
Water it with love and respect  
Kindness and joy you will see  
Compassion in your hearts you will be  
Harvest Peace and Freedom  
A beautiful flower will bloom  
Filing our world with love

Presented by Donna



**Mark Your Calendar**

<b>Nov 26</b>	PAC Meeting - via Zoom
<b>Nov 27<sup>th</sup></b>	PRO-D - No School
<b>Dec 1-10</b>	School Wide Health & Safety Inspection
<b>Dec 8</b>	Fire Drill
<b>Dec 18</b>	Last Day before Winter Break
<b>Jan 4</b>	School Re-Opens

**There is Peace**

I know about  
It is animals of the forest  
It is in the birds that fill the air  
It is gently blowing in the wind  
It is whispered among the flowers  
It dwells with the fishes in the ocean  
It is in the mountains  
It is in the sun  
But why it is not with the people of this world  
Why?

Presented by Desmond