



UNIVERSITY HILL SECONDARY

STUDENT BULLETIN

Wednesday April 28th, 2021

THE DAILY

This Week Face2Face classes – Today the **2.3 classes** are considered Face2Face and are happening at session 1 and session 2 of the daily Schedule.

The 2.4 classes will be happening during the Flex A and Flex B.

Kids Help Phone



Need help now?

Start a confidential conversation with a real person you can trust.

1-800-668-6868

Text 686868

If you Are Having a Tough Time, Please Reach Out – It is okay to feel anxious or stressed. And it's okay to have tough days. But you need to know that **you are not alone**. So, if you are having a tough time, please reach out - to your friends, to your family, or to resources like **Kids Help Phone (Call 1.800.668.6868 or go to website: kidshelpphone.ca)**. And together we will get through this.

If you or someone you know needs help immediately, call 911 or the B.C. Crisis Centre at either 310-6789 (no area code required) or 1.800.784.2433 where help is available 24/7. You can alternatively call Crisis Services Canada at 833.456.4566 for help 24/7 or text 45645 from 1 pm to 9 pm in English and French.

Mindfulness Practice of the Day

Take a break in your day and walk outside for 15 minutes.

Calling All Creative Thinkers!



UBC teacher candidates, Ms. LaTosky and Mr. Bezeredi want you to join the **Creative Writing Club!** In your language of choice, you will have the chance to explore forms of writing, meet new people, and improve your writing skills. The club will be held in room 2D2 Tuesdays and Thursdays at lunch starting April 27th to June 3rd. There are limited spaces in the club, so be sure to sign up soon!

Club Name: Creative Writing Club

Meeting Dates & Times: Every Tuesday and Thursday; Lunch time; April 27th to June 3rd

Meeting Place: Room 2D2

Sign Up: on the Sheet outside room 2D2 or online on [this link](#).

AP EXAM SCHEDULE – KNOW WHEN YOUR EXAM IS!



Check out this link for more information: [AP Exam Dates](#)

PAPER EXAMS IN LLC:

- CALCULUS AB/BC: Tuesday May 4th, 8am
- CHEMISTRY: Friday May 7th, 8am
- BIOLOGY: Friday May 14th, 8am
- AP PHYSICS 2: Tuesday May 25th, 12pm

Important Notice about 2021 AP Exams

AP[®] Daily: Live Review



AP Daily: Live Review is a series of livestreamed sessions on YouTube, hosted by AP teachers from across the country, that help students prepare for the 2021 AP Exams. Sessions will be held Monday–Thursday, April 19–29. See the schedule below to find the time for your course and download the review syllabus. Recordings of each session will be available on YouTube and on AP Classroom for students to watch on demand if they can't join live.

A new pair of review sessions for AP Seminar will premiere the week of April 26—and will be hosted by AP teachers from across the country.

Subscribe to the [Advanced Placement channel on YouTube](#) to watch the latest AP Daily: Live Review, and follow us on [Twitter](#) for updates.

Go to the following site: [AP Daily Live Review](#)

Other Geering Up Volunteer Opportunities



This summer Geering Up also invites high school students and undergraduate university students to join them as Junior Instructors in their summer camps! Junior Instructors are volunteers who support their summer camps by assisting their instructor team with running week-long camps. This volunteer program will run alongside the STEM Leadership Program.

More Information: [UBC Geering Up Engineering Outreach-Junior Instructor Applications](#): Will open on Monday May 3rd: [Junior Instructor Program](#)

UHS Youth Welcome Circle **Grades 8-12** (on Teams) –



Goals and Objectives:

- Connect newcomer youth to their peers in school and the community through leisure activities and fun conversations to help smooth transitions, build confidence, sense of belongings and supportive circles.
- Provide potential youth leaders with a platform to support their peers and build on their skills by leading small group conversations.
- Offer opportunities for personal growth and social development through voluntary engagement in school or community activities/events.

Dates & Times: Every Tuesday, 4:00-5:00 PM

Contact: Esaine Mo (VSB SWIS) at 778-228-8536 or email emo@vsb.bc.ca

E. Mo (VSB Settlement Worker in Schools)

University of Toronto Upcoming Info Sessions (For **Gr 10 & Gr 11** Students)



The University of Toronto will be offering information sessions for **grade 10 and 11** students on **Tuesday April 20th, May 5th, and May 13th**.

Please see links below for more info and/or to register:

U of T Information Session for BC Students [\[link\]](#); Wednesday May 5th; 4:00-5:00 PM

U of T Information Session for BC Students [\[link\]](#); Thursday May 13th, 2021 at 5:00-6:00 PM

Diversity, Equity, and Inclusion Youth Forum



This year's theme is Intersectionality and has been planned by youth, for youth, highlighting student voice. Please see the attached [promotional flyer](#) (registration Deadline has passed and is now closed). Please note there will be a Q&A session before the event for 'host teachers'.

Chat function will be enabled during the presentations.

Date & Time: Wednesday May 5th; 11:00 – 1:00 **Registration:** (Registration is closed now)

Attention **Grade 12** Students



A letter was sent out to all **Grade 12** families on April 20th. It is on the Grade 12 channel in Teams as well. This letter contains important information about the date and details of the graduation ceremony, as well as links to the valedictorian nomination process and how to send in your citation when you cross the stage. Please read the letter carefully, sign in with your VSB credentials and fill out the following forms before the due dates:

[Valedictorian Nomination Form](#) – Due Friday May 7th

[Attendance & Citation Form](#) – Due Friday May 14th

Let's Make a Difference Using the Arts



YLI is an after-school program for **youth 14-18** to work alongside a team of other young people who want to make a difference in their community using the arts. **Now offered online**, over the course of 10 sessions, you and your team will design and deliver a creative project that takes action on a social issue you choose together. You'll get the chance to collaborate and learn with

professionals from the arts, non-profit and private sectors to bring your project to life.

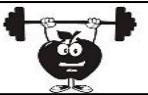
Added plus: you will get a **free YLI Kit** containing all the supplies you'll need for the program, **meals** during sessions, and participation counts towards **volunteer hours**.

More Information: [Dare Arts Program](#)

Meeting Dates & Times: Wednesdays 4:00-6:00 PM

ATHLETICS

Weight Room Hours for Quarter 3

|  | Morning (7:15am-8:15am) | Lunchtime (11:30am-12:30pm) | After School (3:15pm-4:15pm) |
|---|-------------------------|-----------------------------|------------------------------|
| Monday | | | √ ALVES |
| Tuesday | | | √ ALVES |
| Wednesday | | | |
| Thursday | | | √ ALVES |
| Friday | | | |

UHill Basketball Training Sign up (first come, first served)



This will be drills and technical skill work, no games. It will be for an hour from 3:45pm-5:00pm, Tuesdays and Thursdays. Tuesdays will be for grades 8-10, and Thursdays will be for Seniors. Sign up will be posted on the tack-board on Friday the week before, and only 12 students will be allowed in at each session (two per hoop).

If you sign up and do not show up, you will not be allowed to participate in any sessions in the future, **YOU MUST COMMIT IF YOU SIGN UP**. You **MUST** have the COVID consent form filled out to participate.

School Calendar at a Glance

| | | |
|--------------|---|--------------|
| TODAY | April 28 (Wednesday) -National Day of Mourning - Okanagan College: Commercial Helicopter Pilot Info Session ; 5:00-6:00pm | TODAY |
|--------------|---|--------------|

| | |
|---------------------|--|
| April 29 (Thursday) | Douglas College – Information Session ; 5:00-6:00pm Okanagan College: Business Administration Info Session ; 5:00-6:00pm Okanagan College: Business – Getting Rich with GameStop ; 6:00-7:00pm Okanagan College: Therapist Assistant Info Session ; 6:00-7:00pm |
| May 4 (Tuesday) | -Youth Welcome Circle Grades 8-12 ; Teams; 4:00-5:00pm KPU – Electrical Information Session ; 4:30-5:30pm Okanagan College: Animation Info Session ; 6:00-7:00pm Okanagan College: Electrician Info Session ; 6:00-7:00pm Okanagan College: Commercial Aviation Information Session ; 6:00-7:00pm |
| May 5 (Wednesday) | -Diversity, Equity, and Inclusion Youth Forum; Teams; 11:00-1:00pm -U of T Information Session for BC Students ; Gr 10 & Gr 11 Students; 4:00-5:00 PM |
| May 6 (Thursday) | Big One Earthquake Drill ; 2:00 PM Okanagan College: Business – Digital Data ; 6:00-7:00pm Okanagan College: Communications Info Session ; 6:00-7:00pm Okanagan College: Electronic Engineering Technology Info Session ; 6:00-7:00pm |
| May 7 (Friday) | -Deadline: For Grade 12 students to Fill Out the Valedictorian Nomination Form |
| May 11 (Tuesday) | -Youth Welcome Circle Grades 8-12 ; Teams; 4:00-5:00pm KPU – Welding/Metal Fabrication Information Session ; 4:30-5:30pm Okanagan College: Piping Trades Info Session ; 6:00-7:00pm Okanagan College: Business – Women in Leadership ; 6:00-7:00pm |
| May 12 (Wednesday) | Discover UVic ; 4:00-5:00pm |
| May 13 (Thursday) | -U of T Information Session for BC Students ; Gr 10 & Gr 11 Students; 5:00-6:00PM KPU – Mechatronics Information Session ; 4:30-5:30pm Okanagan College: Business – Marketing & Consumerism ; 6:00-7:00pm Okanagan College: Refrigeration and Air Conditioning Info Session ; 6:00-7:00pm |
| May 14 (Friday) | -Deadline: For Grade 12 students to Fill Out the Attendance & Citation Form |
| May 18 (Tuesday) | -Youth Welcome Circle Grades 8-12 ; Teams; 4:00-5:00pm Okanagan College: Practical Nursing Info Session ; 6:00-7:00pm |
| May 19 (Wednesday) | Selkirk College – Admission on the Spot ; 2:00-5:00pm |
| May 20 (Thursday) | Douglas College – Information Session ; Thu May 20; 5:00-6:00pm Okanagan College: Biology Info Session ; 6:00-7:00pm Okanagan College: Commercial Helicopter Pilot Info Session ; 6:00-7:00pm |
| May 25 (Tuesday) | -Youth Welcome Circle Grades 8-12 ; Teams; 4:00-5:00pm Okanagan College: Kinesiology Info Session ; 6:00-7:00pm |
| May 26 (Wednesday) | Okanagan College: Business Administration Info Session ; 6:00-7:00pm |
| May 27 (Thursday) | VIU Trades & Applied Technology – Virtual Expo ; 3:00-7:00pm VIU: Activity Assistant – Information Session ; 6:30-8:30pm BCIT Aircraft Maintenance Engineer Category ‘M’, Aircraft Gas Turbine Technician & Aircraft Maintenance Engineer Category ‘E’ (Electronics) Info Session ; 5-7pm Okanagan College: Biology Info Session ; 6:00-7:00pm Okanagan College: Business – Sustainable Management ; 6:00-7:00pm |
| June 1 (Tuesday) | -Youth Welcome Circle Grades 8-12 ; Teams; 4:00-5:00pm Discover Uvic ; 5:00-6:00pm |
| June 8 (Tuesday) | -Youth Welcome Circle Grades 8-12 ; Teams; 4:00-5:00pm |
| June 10 (Thursday) | -Graduation Ceremony; Grade 12s ; 3:30-5:30pm |
| June 15 (Tuesday) | -Youth Welcome Circle Grades 8-12 ; Teams; 4:00-5:00pm |
| June 16 (Wednesday) | BCIT Airline & Flight Operations Commercial Pilot Rotary and Fixed Wing Info Session Online ; 5:00-7:00pm BCIT Marketing Management – Online Info Session ; 5:30-7pm |
| June 17 (Thursday) | BCIT Accounting, Finance + Insurance – Online Info Session ; 5:30-7pm BCIT Heavy Duty Truck Technology – Online Information Session ; 5:30-7pm |
| June 22 (Tuesday) | -Youth Welcome Circle Grades 8-12 ; Teams; 4:00-5:00pm |
| June 23 (Wednesday) | BCIT Airport Operations – Online Info Session ; 5:00-6:00pm Discover Uvic ; 4:00-5:00pm |

UPCOMING POST-SECONDARY EVENTS

Post-Secondary Events

Upcoming events will be virtual/online this school year. It is highly recommended and encouraged that students go to university/college websites for the most up to date information as well as sign up for any upcoming information sessions. Please also to go the counselling website - <https://uhillcounselling.weebly.com> for a list of upcoming events.

Post - Secondary BC Virtual Fair



In place of our regular fall visits to high schools across the province, PSBC is hosting a series of Virtual information sessions with post-secondary institutions across BC.

During the live events, students can take in live presentations, as well as chat with recruiters to ask questions.

The following virtual information sessions has been announced on PSBC website (updated on April 1st).

For More Up to Date Information: Please visit the website at: [Post-Secondary BC website](#).

Please click on the provided links for more information about each virtual information session.

British Columbia Institute of Technology (BCIT)



[BCIT Aircraft Maintenance Engineer Category 'M', Aircraft Gas Turbine Technician & Aircraft Maintenance Engineer Category 'E' \(Electronics\) Info Session](#); Thu May 27; 5-7pm

[BCIT Airline & Flight Operations Commercial Pilot Rotary and Fixed Wing Information Session Online](#); Wed June 16; 5:00-7:00pm

[BCIT Marketing Management – Online Info Session](#); Wed June 16; 5:30-7:00pm

[BCIT Accounting, Finance + Insurance – Online Info Session](#); Thu June 17; 5:30-7:00pm

[BCIT Heavy Duty Truck Technology – Online Information Session](#); Thu June 17; 5:30-7:00pm

[BCIT Airport Operations – Online Info Session](#); Wed June 23; 5:00-6:00pm

Douglas College



[Douglas College – Information Session](#); Thu April 29; 5:00-6:00pm

[Douglas College – Information Session](#); Thu May 20; 5:00-6:00pm

Kwantlen Polytechnic University



[KPU – Electrical Information Session](#); Tue May 4; 4:30-5:30pm

[KPU – Welding/Metal Fabrication Information Session](#); Tue May 11; 4:30-5:30pm

[KPU – Mechatronics Information Session](#); Thu May 13; 4:30-5:30pm

University of Victoria



[Discover UVic](#); Wed May 12; 4:00-5:00pm

[Discover UVic](#); Tue June 1; 5:00-6:00pm

[Discover UVic](#); Wed June 23; 4:00-5:00pm

Silkirk College



[Selkirk College – Admission on the Spot](#); Wed May 19; 2:00-5:00pm

Okanagan College



[Okanagan College: Commercial Helicopter Pilot Info Session](#); Wed April 28; 5:00-6:00pm

[Okanagan College: Business Administration Info Session](#); Thu April 29; 5:00-6:00pm

[Okanagan College: Business – Getting Rich with GameStop](#); Thu April 29; 6:00-7:00pm

[Okanagan College: Therapist Assistant Info Session](#); Thu April 29; 6:00-7:00pm

[Okanagan College: Commercial Aviation Information Session](#); Tue May 4; 6:00-7:00pm

[Okanagan College: Animation Info Session](#); Tue May 4; 6:00-7:00pm

[Okanagan College: Electrician Info Session](#); Tue May 4; 6:00-7:00pm

[Okanagan College: Communications Info Session](#); Thu May 6; 6:00-7:00pm

[Okanagan College: Business – Digital Data](#); Thu May 6; 6:00-7:00pm

[Okanagan College: Aircraft Maintenance Info Session](#); Thu May 6; 6:00-7:00pm

[Okanagan College: Electronic Engineering Technology Info Session](#); Thu May 6; 6:00-7:00pm

[Okanagan College: Piping Trades Info Session](#); Tue May 11; 6:00-7:00pm

[Okanagan College: Business – **Women** in Leadership](#); Tue May 11; 6:00-7:00pm

[Okanagan College: Business – Marketing & Consumerism](#); Thu May 13; 6:00-7:00pm

[Okanagan College: Refrigeration and Air Conditioning Info Session](#); Thu May 13; 6:00-7:00pm

[Okanagan College: Practical Nursing Info Session](#); Tue May 18; 6:00-7:00pm

[Okanagan College: Biology Info Session](#); Thu May 20; 6:00-7:00pm

[Okanagan College: Commercial Helicopter Pilot Info Session](#); Thu May 20; 6:00-7:00pm

[Okanagan College: Kinesiology Info Session](#); Tue May 25; 6:00-7:00pm

[Okanagan College: Business Administration Info Session](#); Wed May 26; 6:00-7:00pm

[Okanagan College: Biology Info Session](#); Thu May 27; 6:00-7:00pm

[Okanagan College: Business – Sustainable Management](#); Thu May 27; 6:00-7:00pm

Vancouver Island University



[VIU Trades & Applied Technology – Virtual Expo](#); Thu May 27; 3:00-7:00pm

[VIU: Activity Assistant – Information Session](#); Thu May 27; 6:30-8:30pm