



UNIVERSITY HILL SECONDARY

STUDENT BULLETIN

Wednesday February 24th, 2021

THE DAILY

This Week Face2Face classes – This week **1.3 classes are Face2Face** and 1.4 classes are Remote.

Kids Help Phone

Need help now?

Start a confidential conversation with a real person you can trust.

1-800-668-6868

Text 686868

If you Are Having a Tough Time, Please Reach Out – It is okay to feel anxious or stressed. And it's okay to have tough days. But you need to know that **you are not alone**. So, if you are having a tough time, please reach out - to your friends, to your family, or to resources like **Kids Help Phone (Call 1.800.668.6868 or go to website: kidshelpphone.ca)**. And together we will get through this.

If you or someone you know needs help immediately, call 911 or the B.C. Crisis Centre at either 310-6789 (no area code required) or 1.800.784.2433 where help is available 24/7. You can alternatively call Crisis Services Canada at 833.456.4566 for help 24/7 or text 45645 from 1 pm to 9 pm in English and French.

TODAY Winter Food Drive for USRO (February 19-29) **TODAY**



UPDATE! Hello Uhillians, The USRO Winter Food drive is in full swing, February 16-26. Please bring non-perishable food items to donate, to the boxes outside the main office and Foods room 1E0. Check out the "Can-o-meter" tracking the cans you've brought in so far. Remember, every can makes a difference 😊. Stay tuned, more fun next week!

* Drop your cans and non-perishable food items off in the boxes by the Caf entrance, office or 1E0. You will get a raffle ticket each time you stop by with a donation, at 8:20-8:40 and 1:00-1:15 before your F2F class, to write your name on, and place in the jar for a prize draw on Friday!

NEW UHill's Got Talent 2.0



Here is your opportunity to show off any unique skills or talents you have and impress all your friends and teachers! Please submit a **school appropriate** video showing off your mad skillz to smatthews@vsb.bc.ca by **Friday February 26th** (**absolutely no late submissions** will be accepted). Voting will be held from March 1-4 next week. The winner will receive a VISA gift card and be sent to the district finals, where you will compete against all the winners in Vancouver. Looking forward to seeing your talents! **(PS: If you submitted a video to the dance talent show, please feel free to submit to this one as well!)**

NEW Ennovate Competition Winners!



Congratulations to the following students and teacher, for winning awards during Ennovate Competition 2021 organized by Enactus UBC Sauder School on Saturday Feb 20th.

Q1- V2G - (Second place) Kaia Richardson, Alexander Griesbach, Amber Cader, Laurie Du, Alex Luan

Q2- Raindrops - (Second Place) Susie He, Emily Gao, Emma Yao, Jenny Yan.

Bursary Scholarship - Louise Zhou

MVP's - Louise Zhou and David Eirew

Most supporting teacher Award - Ms. Sodhi

NEW Recognizing Black History Month at University Hill Secondary School



Suggested Book Titles (available to borrow from UHill library):

"Just mercy: a story of justice and redemption" by: Bryan Stevenson

Interesting Facts

"Richard Spikes": Inventor of Automatic Gear Shift (1932)

Vancouver Black owned businesses you can support

@CalabashBistro

@Batiqua

@SaltNSearCatering

Prompt to self-reflect

When one affirms that they are not racist, it does not absolve them from complicity in perpetuating racism. Dr. Ibram X. Kendi, esteemed professor and bestselling author, contends that "[there] is no neutrality in the racism struggle. The opposite of 'racist' isn't 'not racist.' It is 'anti-racist.'" In this interview for The Aspen Institute, Dr. Kendi discusses what it means to be an anti-racist.

Watch or Listen: **"How to Be Anti-Racist"**: <https://www.youtube.com/watch?v=TzuOlyyQlug&t=725s>
(June 26, 2019 | 55 min)

Denim Drive!



It's that time once again, grade 8 projects in full swing. If you have any denim lying around the house, that needs re-purposing (i.e.: ripped, outgrown but not really donate worthy to be worn again) could you drop it into the box outside 1E0 (Foods room). We will be deconstructing and re-using this amazing fabric. As always, much appreciated, and good recycling!

Please Pay Your Fees and Return Your Textbooks

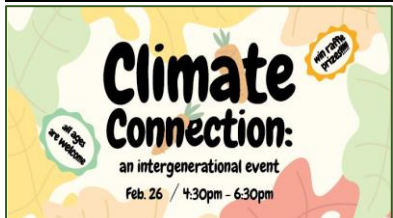


Fees Owning – Please check your Cash Online for any outstanding fees. If you don't have a School Cash Online account, please signup using the provided link: www.schoolcashionline.com

Textbooks Outstanding – There are a large number of outstanding textbooks. Please check your rooms, closets, backpacks, garages, etc. and return to Ms. Low (ACCOUNTANT) in the office ASAP. If they are not returned, you are required to pay the recorded fee on your account in Cash Online. More information about using School Cash Online can be found on [This Link](#).

H. Low (Feb 9-29)

Climate Connection: An Intergenerational event



Climate connection is hosting a **FREE** virtual event on Friday February 26th for youth and families to learn about important environmental issues. The event will feature short presentations from youth activists and local environmental NGOs, including Dogwood BC, For Our Kids, Oceanwise, and Suzuki Elders, as well as interactive workshops where participants can discuss solutions to current climate issues.

Event Date & Time: Friday February 26th, 4:30-6:30 PM
Questions: climateconnection2020@gmail.com
Facebook: <https://www.facebook.com/climateconnection>
Instagram: <https://www.instagram.com/climateconnection2020/>
Register: [This Link](#)

Free Tuition Career Programs at VSB (For Grade 10 or 11 students)



- [Aircraft Maintenance Engineer](#)
- [Automotive Collision Repair](#)
- [Automotive Refinishing Prep](#)
- [Automotive Service Technician](#)
- [Baking and Pastry Arts](#)
- [Carpentry](#)
- [Cisco and IT Networking](#)
- [Electrical](#)
- [Hairstylist](#)
- [Hamber Fashion Design and Technology](#)
- [Health Care Assistant](#)
- [Heavy Mechanical Trades](#)
- [Killarney Enhanced Trades](#)
- [Metal Fabricator](#)
- [Millwright](#)
- [Motorcycle Mechanic and Power Equipment](#)
- [Painting and Decorating](#)
- [Plumbing](#)
- [Professional Cook 1](#)
- [Trades Sampler BCIT](#)
- [Tupper Tech Explore Trades Sampler](#)

Are you a **grade 10 or 11 student** considering a career in the **skilled trades, technology, or health care**? Then you need to know more about what VSB Career Programs has to offer! Students who apply could get a head start on career training and the school district pays the tuition. That is right, **FREE TUITION** and a chance to get started early on training or an apprenticeship while still graduating on-time.



For more information about what VSB Career Programs has to offer, visit http://bit.ly/cp_tv, or [VSB Career Programs](#), or speak to a school counsellor.


ATHLETICS

UHill Basketball Training Sign up (first come, first served)



This will be drills and technical skill work, no games. It will be for an hour from 3:45pm-5:00pm, Tuesdays and Thursdays. Tuesdays will be for grades 8-10, and Thursdays will be for Seniors. Sign up will be posted on the tack-board on Friday the week before, and only 12 students will be allowed in at each session (two per hoop). If you sign up and do not show up, you will not be allowed to participate in any sessions in the future, **YOU MUST COMMIT IF YOU SIGN UP.** You **MUST** have the COVID consent form filled out to participate.

Weight Room Hours for Quarter 3

	Morning (7:15am-8:15am)	Lunchtime (11:30am-12:30pm)	After School (3:15pm-4:15pm)
Monday		√ HODGSON	√ ALVES
Tuesday			√ ALVES
Wednesday		√ HODGSON	√ MATTHEWS
Thursday			√ ALVES/TAGSETH*
Friday		√ HODGSON	

* Thursdays after school, students identifying as women or gender diverse are welcome to work out in the dance studio. All levels welcome - each week there will be an optional routine or tutorial to follow along with.

Dodgeball Intramurals – Intramural Dodgeball league schedule is out! It is posted on the tack-board outside the PE office and started this week!



Games are Mondays/Wednesdays/Fridays and start sharply at 11:45am, you need to show up early to sign in and help with set up. If your team no shows, you will be kicked out of the league, no exceptions!

Jeff Hodgson

School Calendar at a Glance

TODAY	TODAY
February 24 (Wednesday)	<p>-Anti-Bullying Day (Pink Shirt Day)</p> <ul style="list-style-type: none"> - Camosun College CAMWEEK 2021; 4-8pm - UVic Sample Lecture: Anthropology in the real world; 4:00-5:00pm - BCIT Big Info – At-home Edition (Day 3); 4:00-8:00pm - UVic Student Experience Panel: Business; 5:00-6:00pm - Okanagan College – Business Info Night; 5:00-6:00pm
February 25 (Thursday)	<ul style="list-style-type: none"> - BCIT Big Info – At-home Edition (Day 4); 4:00-8:00pm - BCIT Electrical Foundation Online Info Session for Women; 5:00-6:00pm - UVic Sample Lecture: Feeling hot, hot, hot; 4:00-5:00pm - UVic – Next Steps for Canadian applicants; 5:00-6:00pm - Camosun College CAMWEEK 2021; 4-8pm - UNBC Future Undergraduate Awards & Financial Aid Info Session; 5:30-6:30pm - Okanagan College: Civil Engineering Technology Info Session; 6:00-7:00pm - Okanagan College: Environmental Studies Info Session; 6:00-7:00pm
February 26 (Friday)	<p>- Deadline: to submit your video for UHill Virtual Talent Show</p> <p>- Climate Connection Event; Virtual; 4:30-6:30pm</p>
March 1 (Monday)	<p>- Deadline: to apply for BCSTA Scholarships</p> <ul style="list-style-type: none"> - UVic – Next Steps for Canadian applicants; 4:00-5:00pm - BCIT Digital Arts, Media + Design – Online Info Session; 5:30-7:00pm
March 2 (Tuesday)	<ul style="list-style-type: none"> - UVic Sample Lecture: Atomic structure – a Chem101 lecture; 4-5pm - BCIT Broadcast + Media Communications – Online Info Session; 5:30-7pm - Okanagan College: Sustainable Construction Management Technology; 6-7pm - Okanagan College: Business – Make Your Own Luck; 6:00-7:00pm - UVic Open House: Humanities; 6:00-7:30pm
March 3 (Wednesday)	<ul style="list-style-type: none"> - BCIT Environmental Engineering Info Session – Online; 4-5pm - BCIT Computing Part-Time Studies: Online Information Session; 5:30-6:30pm - BCIT Automotive Technician, Automotive Refinishing / Body Repair and Motorcycle and Power Equipment Information Session (Online); 6-9pm - Selkirk College – Parent Open House; 5:30-6:30pm - UVic Student Experience Panel: Science; 4:00-5:00pm - UVic Student Experience Panel: Humanities; 6:30-7:30pm
March 4 (Thursday)	<ul style="list-style-type: none"> - UVic Open House: Science; 4:30-5:30pm - UVic Sample Lecture: Learning to notice through literary texts – a necessary reteaching; 5-6pm
March 5 (Friday)	<p>- Deadline: to apply for BCSSA Scholarships</p>
March 8 (Monday)	<ul style="list-style-type: none"> - UVic Open House: Engineering; 4:00-6:00pm
March 9 (Tuesday)	<ul style="list-style-type: none"> - RRU WEBINAR – Fully Online Environmental Programs; 12:00-1:00pm - BCIT Sheet Metal Info Session – Online; 4:00-5:00pm - UVic Student Experience Panel: Engineering; 4:00-5:00pm - UVic Open House: Teacher Education; 5:00-6:00pm - UVic Open House: Fine Arts; 6:00-7:00pm - KPU – English Language Studies Information Session; 7:00-8:00pm
March 10 (Wednesday)	<p>-Mid Q3 Day</p> <p>-Fire Drill; 9:35 AM</p> <ul style="list-style-type: none"> - RRU Sample Lecture – Stories that Motivate Climate Action; 9:00-10:30am - Selkirk College – Admission on the Spot; 2:00-5:00pm - UVic Sample Lecture: For the WELLth of it; Wed March 10; 5:00-6:00pm - UVic Sample Lecture: Introduction to Light Emitting Diode (LED) circuit design; 6:00-7:00pm
March 11 (Thursday)	<ul style="list-style-type: none"> - UVic Open House: Exercise Science, Physical & Health Education; 5-6pm - UVic Sample Lecture: Everything Connects; 6:00-7:00pm - Okanagan College: Common First-Year Engineering Info Session; 6-7pm
Mar 15 (Mon)–Mar 26 (Fri)	<p>-Spring Break Vacation Period</p>
March 16 (Tuesday)	<ul style="list-style-type: none"> - UNBC Undergraduate Future Students Online Info Session; 5:30-6:30pm

SCHOLARSHIPS & AWARDS

Coast Capital Standing Tall Award



Awarded to youth who have overcome adversity and have not only risen up against the odds, but are demonstrating a commitment to continue their education. This award is open to students who have faced challenges such as poverty, health, family issues, personal loss and lack of support.

Number of Awards: 7

Award Amount: \$3500 each.

Application Intake Begins: Monday March 1st

Application Deadline: Friday April 16th

More Information: [Coast Capital Awards](#)

British Columbia School Trustees Association Scholarship



Each year BCSTA selects graduating B.C. public school students who have displayed exemplary citizenship within their school and community as recipients of the BCSTA Student Citizenship Scholarship.

The BCSTA Student Citizenship Scholarship is available to residents of B.C.

More Information and Application: [BCSTA Scholarships](#)

Number of Offered Scholarships: 3

Scholarship Amount: \$500 each

Application Deadline: Monday March 1st

Questions: education.awards@coastcapitalsavings.com

The British Columbia School Superintendents Association – will award six regional scholarships to



students planning to pursue post-secondary studies. Students wishing to be considered for a scholarship must be currently enrolled in their final year of studies at a public secondary school in British Columbia and expected to graduate in June 2021. One winner will be chosen from each of the six BCSSA

provincial chapters (Fraser Valley, Kootenay-Boundary, Metro, Vancouver Island, Northern, Thompson-Okanagan).

Complete Details: please download the PDF from [This Link](#).

Scholarship Amount: \$1,000 each.

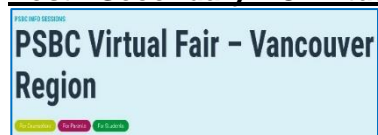
Number of Offered Scholarships: 6

Applications Deadline: Friday March 5th, at noon to: information@bcssa.org

UPCOMING POST-SECONDARY EVENTS

Post-Secondary Events – Upcoming events will be virtual/online this school year. It is highly recommended and encouraged that students go to university/college websites for the most up to date information as well as sign up for any upcoming information sessions. Please also to go the counselling website - <https://uhillcounselling.weebly.com> for a list of upcoming events.

Post - Secondary BC Virtual Fair – In place of our regular fall visits to high schools across the province,



PSBC is hosting a series of Virtual information sessions with post-secondary institutions across BC.

During the live events, students can take in live presentations, as well as chat with recruiters to ask questions.

The following virtual information sessions has been announced on PSBC website (updated on December 3rd).

For More Up to Date Information: Please visit the website at: [Post-Secondary BC website](#).

Please click on the provided links for more information about each virtual information session.

British Columbia Institute of Technology (BCIT) –



[BCIT Big Info – At-home Edition \(Day 3\)](#); Wed February 24; 4:00-8:00pm

[BCIT Big Info – At-home Edition \(Day 4\)](#); Thu February 25; 4:00-8:00pm

[BCIT Electrical Foundation Online Info Session for Women](#); Thu February 25; 5-6pm

[BCIT Digital Arts, Media + Design – Online Info Session](#); Mon March 1; 5:30-7:00pm

[BCIT Broadcast + Media Communications – Online Info Session](#); Tue March 2; 5:30-7:00pm

[BCIT Environmental Engineering Info Session – Online](#); Wed March 3; 4:00-5:00pm

[BCIT Computing Part-Time Studies: Online Information Session](#); Wed March 3; 5:30-6:30pm

[BCIT Automotive Technician, Automotive Refinishing / Body Repair and Motorcycle and Power Equipment](#)

[Information Session \(Online\)](#); Wed March 3; 6:00-9:00pm

[BCIT Sheet Metal Info Session – Online](#); Tue March 9; 4:00-5:00pm

Kwantlen Polytechnic University –



[KPU – English Language Studies Information Session](#); Tue March 9; 7-8pm

University of Victoria –



[UVic Student Experience Panel: Business](#); Wed February 24; 5:00-6:00pm

[UVic Sample Lecture: Anthropology in the real world](#); Wed February 24; 4:00-5:00pm

[UVic – Next Steps for Canadian applicants](#); Thu February 25; 5:00-6:00pm

[UVic Sample Lecture: Feeling hot, hot, hot](#); Thu February 25; 4:00-5:00pm

[UVic – Next Steps for Canadian applicants](#); Mon March 1; 4:00-5:00pm

[UVic Open House: Humanities](#); Tue March 2; 6:00-7:30pm

[UVic Sample Lecture: Atomic structure – a Chem101 lecture](#); Tue March 2; 4-5pm

[UVic Student Experience Panel: Science](#); Wed March 3; 4:00-5:00pm

[UVic Student Experience Panel: Humanities](#); Wed March 3; 6:30-7:30pm

[UVic Sample Lecture: Learning to notice through literary texts – a necessary reteaching](#); Thu March 4; 5-6pm

[UVic Open House: Science](#); Thu March 4; 4:30-5:30pm

[UVic Open House: Engineering](#); Mon March 8; 4:00-6:00pm

[UVic Open House: Teacher Education](#); Tue March 9; 5:00-6:00pm

[UVic Student Experience Panel: Engineering](#); Tue March 9; 4:00-5:00pm

[UVic Open House: Fine Arts](#); Tue March 9; 6:00-7:00pm

[UVic Sample Lecture: For the WELLth of it](#); Wed March 10; 5:00-6:00pm

[UVic Sample Lecture: Introduction to Light Emitting Diode \(LED\) circuit design](#); Wed March 10; 6:00-7:00pm

[UVic Open House: Exercise Science, Physical & Health Education](#); Thu March 11; 5:00-6:00pm

[UVic Sample Lecture: Everything Connects](#); Thu March 11; 6:00-7:00pm

University of Northern British Columbia –



[UNBC Future Undergraduate Awards & Financial Aid Info Session](#); Thu February 25; 5:30-6:30pm

[UNBC Undergraduate Future Students Online Information Session](#); Tue March 16; 5:30-6:30pm

Okanagan College –



[Okanagan College – Business Info Night](#); Wed February 24; 5:00-6:00pm

[Okanagan College: Civil Engineering Technology Info Session](#); Thu February 25th; 6:00-7:00pm

[Okanagan College: Environmental Studies Info Session](#); Thu February 25; 6:00-7:00pm

[Okanagan College: Sustainable Construction Management Technology](#); Tue March 2; 6-7pm

[Okanagan College: Business – Make Your Own Luck](#); Tue March 2; 6:00-7:00pm

[Okanagan College: Common First-Year Engineering Info Session](#); Thu March 11; 6:00-7:00pm

Selkirk College –



[Selkirk College – Parent Open House](#); Wed March 3; 5:30-6:30pm

[Selkirk College – Admission on the Spot](#); Wed March 10; 2:00-5:00pm

Royal Roads University –



[RRU WEBINAR – Fully Online Environmental Programs](#); Tue March 9; 12:00-1:00pm

[RRU Sample Lecture – Stories that Motivate Climate Action](#); Wed March 10; 9:00-10:30am