



TUPPER SECONDARY – Weekly Student Bulletin
October 25 – 29, 2021 (Semester 1)

Weekly Cafeteria Lunch Menu:

Date	Entrée	Dessert
Monday October 25	Gnocchi with Sundried tomato and Basil Cream sauce, Caesar Salad	Cheese Scone Chocolate Chip Cookie
Tuesday October 26	Salmon Burger with Fries and Garden Salad	Sunflower seed, Coconut and raisin Cake Oatmeal Cookies
Wednesday October 27	Jerked Chicken with Basmati Rice and Vegetable Medley	Apple Craisin Muffin Double Chocolate Chip Cookie
Thursday October 28	Meatballs in Pineapple Curry Sauce with Jasmine Rice and Tossed Salad	Banana Cake Smartie Cookie
Friday October 29	Vegetarian Chilli with Corn Bread	Zucchini Loaf Oatmeal Cookie

ROARS - Respect **O**wnership **A**ttitude **R**esponsibility **S**afety

NEW ITEMS:

Grade 9 &10 Immunization Clinic in the Small Gym: Thursday, October 28

Language Challenge Exams 2021-2022:

To all those students wishing to write a language challenge exam for this coming year, please review the following instructions. Go and see the instructions on Mr. Lee's door in the counselling suite.

You must return the completed package to Mr. Lee's office no later than November 5, 2021 to be registered

If you have any questions, please ask Mr. Lee in his office or at jolee@vsb.bc.ca

WORK EXPERIENCE: (Please see Ms. Ma in Room 303D or email ssma@vsb.bc.ca if interested)

- More info will be coming soon

OLD ITEMS:

2021-2022 Tupper Clubs List:

Wondering what clubs are running this school year, please check out the Clubs List posted on the school website <https://www.vsb.bc.ca/schools/sir-charles-tupper/Extracurricular/Clubs/Pages/default.aspx>

Terry Fox Run:

Terry Fox Run took place for first semester PE classes this past Thursday, Sept. 23rd. Those in 2nd semester PE, we will do at a later date in the spring.

Sadly, cancer affects us all. Please consider donating to this cause. Terry said, "anything is possible if you try." "If you've given a dollar, you are part of the Marathon of Hope."

LET'S GO TUPPER! IF WE ALL GIVE JUST A DOLLAR, THE TUPPER COMMUNITY WOULD RAISE OVER \$1,000 FOR CANCER RESEARCH.

<http://www.terryfox.ca/SirCharlesTupperSecondary>

Please join me in supporting the Terry Fox School Run!

I am proudly committed to raising much-needed funds for cancer research. #tryliketerry

www.terryfox.ca

2020-2021 Year Book Pick Up:

We still have many Year Books haven't been picked up from the last school year. If you have ordered and paid but still haven't picked it up before the summer break, please come to the Office.

School Fees:

School fees can be paid online by visiting <https://vsb.schoolcashonline.com/> . If this is your first time using our online fee payment system, please register using your student's name. You can pay for school fees, course fees and workbook fees here! Should you have any questions, please email tupper@vsb.bc.ca .

General Inquiries:

Please take a moment to visit and familiarize yourself with our school website, Tupper.vsb.bc.ca as we update our website daily. Should you have any general inquiries, please feel free to email us at tupper@vsb.bc.ca and we will respond to your email as soon as possible.

Having Problems with MyEd Family Portal:

Access to MyEd Family Portal is shared with students and parents/guardians. If you have forgotten your password, you can reset it yourself through the below password recovery

link. https://www.vsb.bc.ca/Student_Support/General_Resources/MyEdBCStudentFamilyPortal/Pages/Account-Management.aspx Please also visit the Tupper school website for more information.

Having Problems with Office 365:

Students can reset their own Office 365 passwords by clicking [here](#). Please note that you will require your birthday as well as your Personal Education Number (PEN) which you can obtain from your MyEd account or you can find it on a past report card. Should you require assistance logging into your Office365 account after resetting your password, [please click here for a step-by-step guide](#).