



David Livingstone Elementary School

315 East 23rd Street
Vancouver, BC V5V 1X6
Phone: 604-713-4985

Sunday, March 29, 2020

Dear Livingstone Students,

I am so sorry that I am not able to welcome you back to school on Monday morning and hear all about what you are reading and what you did at home over the past two weeks. COVID-19 is a virus that none of us has ever experienced before. Our ability to travel all over the world has allowed us to experience new ways of life, sunny beaches, amazing art and delicious food. Unfortunately, it has also made it easy for a virus to easily spread to many countries all over the world.

As a Livingstone School student, you have already learned and practiced things that help to stop the spread of viruses like:

1. Cough or sneeze into your elbow, away from people.
2. Wash your hands with soap long enough to sing Happy Birthday to yourself two times.
3. Don't touch your face. For example, no nose picking. Use a Kleenex.
4. Frequently clean surfaces that we touch all the time.

As many of you know, my daughter is teaching English in Taipei, Taiwan. Taiwan has taught us some great lessons about how to prevent the spread of COVID-19. Starting in January, people who travelled to Taiwan or got the virus had to stay home for two weeks so they did not spread it to other people. As a result, Taiwan has not had as much COVID-19 sickness as other countries. Canada is learning from that and is now following those rules too.

We have also learned from Dr. Bonny Henry, our provincial health officer, that if we stand a physical distance of two metres away from people, we can stop the spread of the virus. Yesterday at Safeways, we lined up two metres apart and only five people were allowed to go in the store when 5 people came out. That was a first!

This time in our life will go down in history. In the future, people will be reading about how COVID-19 changed our lives and what we did, how we acted, and how we felt. I would love to know your story. There are several ways you can tell your story. It could be a short story, a novel, a comic, a graphic novel, a poem, a video, a picture or ... The possibilities are endless. This may be something that becomes part of your literacy or Project Based Learning time.

I have sent home some ideas to your parents so you can start to "do school" at home. Hopefully setting up a work area and writing a daily schedule will help you with your learning at

home. Remember reading and writing are the best ways to improve your reading and writing skills. Read and talk about what you are reading with your family and friends. Keep a journal with your thoughts, dreams for the future, and ideas. Your teachers will be in touch with your families this week. Be sure to check the school website regularly. I will post links for free audiobooks, materials, and opportunities on the website and on the @LivingstoneVSB Twitter feed. I am also going to try something new and talk to you on Twitter. You don't need to have an account, just hit the link at the bottom of the home page. I will even share some of my favorite recipes for you to bake.

I miss you. Hang in there. Take good care. Remember to think of one thing you're grateful for everyday! Today I'm grateful that you are doing the things you need to do to stay healthy!

From,

Ms. Froese
Your Principal