



DAVID THOMPSON SECONDARY

Flexible Instructional Time (FIT)

Beginning in the 2021-22 school year, all Vancouver schools will have FIT time built into their school schedules. FIT will occur twice a week, on Tuesday and Thursday for 50 minutes. The purpose of FIT time is to provide students an opportunity to take ownership of their learning. FIT time is instructional time and students will be able to use the time to: meet with teachers for support, work collaboratively with other students on projects, work on or complete unfinished assignments, study, read or research, and pursue personal interests or passion projects.



BENEFITS AND PURPOSE OF FIT

- Provides students with choice, voice, and flexibility with their learning in order to independently complete assignments, study, collaborate with peers, complete homework, or engage in a personal area of interest
- Provides the opportunity for students to receive support and guidance from teachers
- Provides flexible learning environments for all, acknowledging that learning can take place in a variety of places in a variety of ways
- Supports student time management and organization, by providing an opportunity for students to practice these skills with the guidance of teachers



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FIT SCHEDULE

FIT will take place every *Tuesday*, between first and second block and on every *Thursday*, between third and fourth block.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Block 1	Block 1 <i>Break</i>	Block 1	Block 1	Block 1
<i>Break</i>	Flexible Instructional Time	<i>Break</i>	<i>Break</i>	<i>Break</i>
Block 2	<i>Break</i>	Block 2	Block 2	Block 2
<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>
Block 3	Block 3	Block 3	Block 3 <i>Break</i>	Block 3
<i>Break</i>	<i>Break</i>	<i>Break</i>	Flexible Instructional Time	<i>Break</i>
Block 4	Block 4	Block 4	<i>Break</i>	Block 4
			Block 4	Block 4

STUDENT EXPECTATIONS

- Be focused on learning
- Be in a learning space
- Have a plan for the time
- Have all materials required
- Remain in the learning space selected for the entire time

FIT IN ACTION

- Guided by the expectations above, students will plan, in advance, how they will use their FIT block
- During FIT, students will use the instructional time accordingly to connect with teachers, other students or work independently to engage in a learning task (assignments, practice, study, or collaboration)
- Teachers will be available to mentor, facilitate, and guide student learning
- Teachers will communicate their FIT schedule to students
- Teachers can request students to attend a specific FIT block or to stay with a teacher to make up missed work, assessments, complete assignments and receive extra help
- At times, FIT will be used by teachers to provide lessons to students with respect to FIT, school expectations, and personal skill building