



DR. A.R. LORD NEWS

Code of Conduct
“Create Peace: Be Kind, Be Safe,
Be Respectful, Be Responsible”

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Principal’s Message

Dear Lord Families,

It seems so long ago but thank you to all the families that were able to attend Conferences. This event is always a good opportunity to connect with your child’s teacher and the staff that support them.

I was truly impressed by all the talented students at Lord. It takes courage to perform in front of family and friends, so I applaud all of you for sharing your talents with us. A big thank you to the students from Div. 1 that assisted with set up, audio visual support and announcing. A huge thank you to Mrs. Mitchell, Mrs. Burke and Mrs. O’Neill for volunteering their time and organizing such a great opportunity for our students. Thank you to all the families that attended our Talent Show.

Although acceptance and kindness are embedded in what we do all year round, it was the focus at Lord for the month of February. Thank you to Ms. Doyle and the students of Division 3 for creating our Random Acts of Kindness Wall. Each morning for two weeks our students were involved in activities about Kindness and Acceptance. A few divisions made Valentine Cards and cards of appreciation for the residents and employees at Adanac Lodge. On Wednesday, February 26 we supported Anti-Bullying/Pink Shirt Day by wearing Pink and celebrating and sharing some powerful messages about Acceptance at our Assembly. Thank you to all the students that shared their learning and to Ms. Young-Eng for organizing this event.

Students from Div. 1 had the opportunity to work and learn about coding and Robotics with John Silver and students from John Oliver Secondary. Students were excited and engaged. Please read the perspective of two students that participated in this event in the body of our newsletter.

Thank you for returning the blue “Are you Moving” forms. If you have not returned your form, please do so as soon as possible. This helps us determine our staffing for the following year.

Once again, this is a reminder to obey the signs regarding stopping and parking in front of the school during morning drop off and after school pick up. A traffic officer was at Lord last week and issued tickets and warnings during morning drop off. The following is a message from the city of Vancouver.

“Vancouver City Council has passed changes to the fees around *stopping violations which will double the fines for violations which occur in the vicinity of schools, 8am-5pm on school days.* This was passed Dec. 3, 2019 and will come into effect *Jan 1, 2020*”.

As always, a huge thank you to the PAC and all our parent volunteers for all the time they devote to supporting the students and staff at AR Lord. This month the PAC organized the Scholastic Book Fair and PAC Hot Lunches.

On behalf of the Lord Staff, I would like to wish you a fun and relaxing Spring Break.

Margie Trovao
Principal



Sunday, March 8 – Don’t forget to change your clocks.

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Principal - Ms. M. Trovao

Office Assistant - Ms. S. Liu

Superintendent of Schools- Mrs. Suzanne Hoffman

School Trustee- Jennifer Reddy

Director of Instruction
Field Studies -
Ms. Magdalena Kassis

PAC Contact Info-
arlordpac@gmail.com

School Hours:
8:55am – Warning Bell
9:00am – School Starts
10:40 – 10:55 am - Recess
12:00 – 12:47pm –Lunch Break
3:00 pm – End of School Day

School Mission Statement

Our mission at Dr. A.R. Lord School is to develop a safe and positive school environment with creative and challenging learning experiences for all students to achieve their potential.

In order to help us attain this positive school environment, we constantly review and practice our school code of conduct. Expectations are that everyone in our school abides by our code.



Website

Please visit our website drarlord@vsb.bc.ca for updates, news, events and other important information.



#build2learn

Public Engagement Begins

The Board is engaging parents to ask how we can use VSB buildings across the city for the learning of students today and in the future. Our priorities are to create modern learning spaces and ensure all our students are in seismically safe schools. If we plan and act now, the ongoing seismic program provides us with an opportunity to continue to build modern

classrooms that meet the needs of school communities and Vancouverites now and in the years to come. Right now, half of our buildings are older than 70 years. The Province is providing money to upgrade or build seismically safe schools for every student in Vancouver and across BC. While we will continue to advocate for more provincial funding and the Province will cover seismic safety, this may not cover all the costs associated with building the modern learning spaces we'd like to create at VSB. If we combine VSB money with the provincial funds, this could allow us to build more modern classrooms for the future. To do so, we'll have to raise money. We'd like to understand your thoughts about envisioning modern classrooms and community spaces, and how we can raise money to build them. VSB will host two phases of engagement – one online and one through in-person events. Our online engagement is open between February 19, 2020, and March 11, 2020. Please go to <https://build2learn.ethelo.net/> to provide your feedback. This is part of the engagement process that we started in fall 2019. Through this process, we will develop recommendations for how we can use our buildings to serve the learning needs of students today and in the future within seismically safe schools. We will report back on what we've heard throughout the process by the end of June 2020.

Ready, Set, Learn

Please spread the word about our Ready, Set, Learn event on Thursday April 16 from 11:00 am – 12:00 pm.

Ready, Set, Learn is a FREE event for families and caregivers of children 3-5 years old. Meet local school staff and some community service organizations to learn about health, safety, childcare and educational resources. Please RSVP to drarlord@vsb.bc.ca by Thursday, April 9 if you are planning to attend.



ARTS UMBRELLA



Stagecoach Arts Umbrella

We are pleased to announce that starting Tuesday, March 10 – Thurs. Mar. 12, students from divisions 1, 2, 3, 5, 6 and 7 will participating in Drama workshops with Arts Umbrella. The

following is a brief description of the theme of the program.

“In a world where so many of us are focused on our devices, where social media is feeling less social and becoming more about the media, it’s easy to feel isolated and more difficult to interact with others in a meaningful way. It’s important to remember that we’re not alone; we’re all in this together. Acting, whether on-stage or on-screen, is an inherently collaborative art form. This makes it a perfect vehicle in which to explore the theme of Creating Connection to Yourself and Others.

Humans are social creatures and learning how to make mindful connections enables us to connect with ourselves and others in the world around us.”

Attendance

We ask that families and students please arrive at school on time. All students should be at school for the warning bell (8:55 am) and ready to start their day at 9:00 am. Having students arrive late can be very disruptive to student learning.

In addition, regular school attendance supports student engagement and achievement. We understand that some absences are necessary and unavoidable. Please be aware that although extended vacations and/or vacations during school time are a parental decision, extended absences are disruptive to a student’s educational programming. Teachers are not expected to provide extra work or give extra time for assignments missed due to vacation. Common activities children can do while they are away is to keep a journal of the sites they are visiting and read 30 minutes daily. A Long-Term Absence Notification form must be completed and returned to the office for all extended student absences. Families should also be aware that unauthorized absences of prolonged duration could result in forfeiture of their child’s space at school.



Before and After School Supervision

Please note that we have staff supervising starting at 8:40 before school and from 3:00 to 3:20 after-school. Please do not bring your child to school earlier unless there has been a prior arrangement with your child's teacher, or they have a special school commitment. **We are asking that all students wait for the bell at the back of the school not at the front. Thank you for your support with this.**

A reminder that staff supervision ends at 3:20 pm. If you are going to be late, please call the school. If it is after staff supervision time, your child will be asked to wait in the office. **Please note after 3:20 pm it is the parent/guardian's responsibility to supervise their child/ren if remaining on the school grounds to play on the playground, etc.**



Bicycles, Skateboards, Scooters, "Wheelie Shoes"

Students and adults are encouraged to travel safely to and from school in an active way. Appropriate safety equipment (helmets!) should be used and bicycles should be locked securely. Parents and students who ride bikes to school are reminded that they are expected to lock their bikes in the designated area. Students are not to ride or play near the bikes during school hours.

For safety, when on school grounds, which includes the sidewalks surrounding the school, during the times between 8:00 am and 4:00 pm students and adults are always asked to dismount and walk their bikes, skateboards and scooters. Bikes, skateboards, scooters must be put away and not used until it is time to return home. This rule also applies if there is an evening school event. Bikes, skateboard, scooters and wheeled shoes are not to be used during school hours as they pose a safety concern to students and adults.



Thank you for your cooperation.

Robotics at Lord

Teacher John Silver and a group of STEM students from John Oliver Secondary came to Lord to work with our class to teach us Robotic and Coding. Using a robot that we controlled, we started off getting a ball into a hoop and a puck into a hole. We started learning how to construct our own. We used Flowol4 for coding streetlights, trains, robots, etc. We learned about the parts that make a robot work and we tried building different types of robots. We studied different types of simple machines. We are glad we had this amazing experience.

By Megan and Ruby, Div. 1



Spirit Day

Show us who you are and what makes you, you. Students are encouraged to wear an outfit or costume that shows something that they do and are proud of. It could be their soccer jersey, their favourite team, something that represents their family culture, or a club uniform.



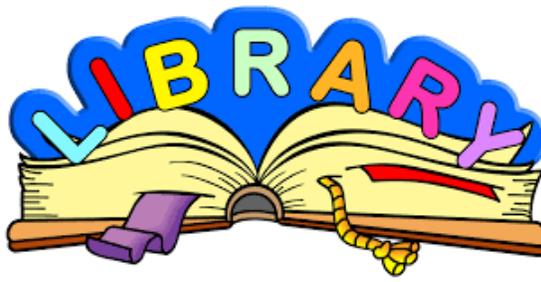
Fighting Cold and Flu Season



It can be tricky to stay healthy during cold and flu season, but a few good cold and flu prevention habits can get you through without succumbing to illness. Increase your children's cold and flu defence by teaching them these cold prevention tips and reduce the chance of the common cold in your children.

- 1. Wash your hands.** The surest way to catch a cold is to catch the germs that cause the cold. Frequent hand washings eliminate germs and keep you and your family healthy. Be thorough—a quick rinse doesn't cut it.
- 2. Get eight hours of z's.** Making sure you get eight hours of sleep every night is one of the best defences against falling ill. A good night's rest allows your body to keep up its defences. But if eight hours is out of the question, just aim for eight... and get as many as you can.
- 3. Schedule time for exercise.** With all the running around you do, you may overlook your regular exercise habits. Make sure that while you're scheduling all those activities, you keep the exercise routine on your calendar. Maintaining regular workouts will help you keep up your stamina.
- 4. Drink your water.** Be especially vigilant about drinking at least six to eight glasses of water a day during the cold and flu season. And if you're flying, drink even more water and avoid consuming alcohol on the plane—high altitudes are especially dehydrating. Water keeps your digestion working well, flushes the system, and fights fatigue.

If your child is feeling unwell it is probably best for them to be kept home until they are well enough to take part in regular activities.



On Friday, February 28, Div. 3 and Div. 5 went to see their Personal Ancestry art show at the VSB head offices. After doing a series of lessons and readings about ancestry, students created portraits that included one of their ancestors or a photo of a location or object special to them. This was an ongoing project that happened in the library from November to February. It was wonderful for Lord students to see the show as a whole and to have Ms. Suzanne Hoffman, Superintendent of the VSB, and Ms. Chas Desjarlais (District Principal of Indigenous Education) speak to them about the excellent work the students did!



Message from our PAC

Hi Parents,

Are you getting PAC newsletters? If not, please go to info@arlordpac.ca and sign up. We send emails a few times a month and it's important that parents receive them.

The PAC is in fundraising mode to gear up for the next school year so we will have enough operating funds to achieve our goals. The PAC serves the school community in the following ways: Events to pull the school community together, supporting teachers through funding to off-set some of the cost for field trips, to fund items that enhance school experiences such as technology, learning materials such as manipulatives and games, sporting goods and equipment. Presently we're running a \$12,000 or so budget to support this activity for the 2020/21 budget year and will be working with fundraisers on the PAC to deliver enough funds for the next year. Some of the activities we're doing to achieve this:

PAC Social – April 4, 6:00 – 9:00 at Oscars. Tickets and further details are available now at arlordpac.ca/pub. Tickets are \$25. Please contact the PAC if you can volunteer or provide donations to the event.

Manure Sale – Where: Hastings Community Centre Parking Lot (Pender and Nootka)
 – When: Saturday, March 28 (9:00 am – 1:00 pm)
 – Cost: \$5 per 5 gallons plus \$2 per plastic bag – please bring your own container
 You can pre-order at arlordpac.ca/manure or by email at the manure.sale@gmail.com. Volunteers needed. Please visit PAC website for greater details.

If you can volunteer for any of these events, please contact us at info@arlordpac.ca.

Upcoming Events (see also the school calendar)

Thurs. Mar. 5	PAC Hot Lunch
Wed. Mar. 11	Class/Group/Grad/Panorama Photos
Fri. Mar. 13	Spirit Day
Mon. Mar. 16 – 27	Spring Break
Sat. Mar. 28	PAC Manure Sale
Mon. Mar. 30	School Reopens
Sat. Apr. 4	PAC Social and Silent Auction
Fri. April 10	Good Friday (School not in Session)
Mon. April 13	Easter Monday (School not in Session)
Tues. April 14	PAC Meeting (6:30 in library)

