



Dr. A. R. Lord Elementary School
 “Create Peace: Be Kind, Be Safe, Respectful, Be Responsible”

Learn and Play with Pride

Principal’s Message

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Dear Lord Families,

It’s hard to believe that we have been back in school for a month. We hope that everyone has settled into the new routines. We are welcoming back students on October 13. The next transition date before Winter Break is November 9. Until then we hope that you continue to participate in the scheduled school visits. Please continue to check for communication from your child’s classroom teacher either on TEAMS or by email.

Thank you to the many families that were able to join our virtual Meet the Teacher. The staff was very happy to communicate and connect with families. The new format seems to have been successful.

Throughout the last few weeks of September many classes participated in the Terry Fox Run in some format with their learning group cohort. Our staff was determined to commemorate the run that started 40 years ago. Thank you for your contributions and your continued support of this event.

I would like to remind parents and students who ride bikes to school that they are expected to lock their bikes in the designated area. Students are not to ride or play near the bikes during school hours. After 8:00 am and before 4:00 pm students are always asked to walk their bikes on school grounds, this includes the sidewalks around the school. This rule also applies if there is an evening school event. **Skateboard, scooters, and wheeled shoes are not to be used during school hours as they pose a safety concern to students and adults. Students and parents/guardians are reminded to dismount their bikes, scooters, and skateboards when they are on school property.** Thank you for your cooperation.

As we settle into fall and anticipate winter, we need to remember that students are going out to play during recess and lunch. Please ensure your children are dressed appropriately for the seasonal weather. It is often cold and/or wet weather. Children are encouraged to dress in layers too, just in case. Also, do not forget to label your child’s clothing. We are often finding jackets, sweaters and umbrellas left behind. It would be nice to know who to return them to.

A reminder that students have a designated drop-off and pick-up schedule and location which were shared by classroom teachers. The drop-off time for primary students is 8:55 - 9:05 am and for intermediate students 9:05 – 9:10 am. Intermediate students please wait on the gravel field if you arrive earlier. Pick up times are 2:55 pm for primary and 3:00 pm for intermediate. **It is essential to be on time for your child’s designated drop-off and pick-up schedule. If your child arrives to school after 9:15am please have them check in at the office. Only authorized staff and students will be permitted to enter the school building unless by appointments that I have authorized and for exceptional circumstances.** Meetings with staff will continue to occur by email, phone or virtually.

Thank you to all the families that have registered for School Cash Online and have paid for school fees and have completed on the necessary forms. Please register and pay on line or send the fees and forms to the school as soon as possible if you have not done so yet.

I would like to take this opportunity to thank the staff for the amazing job they have done in supporting the transition back to school and to our students for their tremendous efforts in following the new rules.

I would like to wish everyone a Happy Thanksgiving.

Margie Trovao
 Principal



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 Website: lord.vsb.bc.ca

Principal - Ms. M. Trovao

Office Assistant - Ms. S. Liu

Superintendent of Schools -
 Mrs. Suzanne Hoffman

School Trustee- Jennifer Reddy

Director of Instruction
 Field Studies -
 Ms. Deena Kotak Buckley

PAC Contact Info-
arlordpac@gmail.com

School Hours:

8:55am – Warning Bell
 9:00am – School Starts
 10:50 – 11:05am - Recess
 12:00 – 12:47pm –Lunch Break
 3:00 pm – End of School Day

School Mission Statement

Our mission at Dr. A.R. Lord School is to develop a safe and positive school environment with creative and challenging learning experiences for all students to achieve their potential.

In order to help us attain this positive school environment, we constantly review and practice our school code of conduct. Expectations are that everyone in our school abides by our code.



Safe Arrival

Reporting Student Absences:

Student safety is of paramount importance at the Vancouver School District. Ensuring student safety is a shared responsibility. In order to assist schools, we ask parents to notify schools of student absences. If your child will be absent from school, please phone the school to report this absence as early as possible. Parents should leave a message on a dedicated answering service by **calling 604-713-5159**. This will prompt you to enter our school's 2-digit extension number which is **47#**. Messages will be received before the office is open. School offices are busy places: consistently notifying the school in advance of your child's absence will significantly improve the efficiency and effectiveness of the Safe Arrival Morning Routine.

To Report Your Child's Absence – Please Call **the number** above prior to 9am on the first day of the absence.

Student Sign Out Procedure

Please ensure that the school is aware that your child is leaving school early. When you pick up your child during the school day, they will be required to come to the office and sign out. Please meet them at the front of the school near the main entrance. If not signed out properly your child will be unaccounted for, and the school will identify your child as a 'missing' student and will commence a search of school grounds. If the school staff do not locate the child, and are unable to reach a parent promptly, the school will call the Vancouver Police Department. Therefore, clear communication is essential for ensuring the safety of your child and to prevent unnecessary searches.

Thank you for helping us keep your children safe!



Nutrition at School



This year students will be eating recess snacks and lunches in their classrooms. Please ensure that all bags, containers and utensils are clearly labelled. As previously communicated, there will be **no drop-off lunches or snacks accepted**. Please pack lunches that: Do not need reheating, are nut free and children can eat independently. Please share with all family members where drop off and pick up locations are.

One of the best things you can do for your child is to send a healthy, tasty snack and lunch each day.

Send a snack and lunch with a variety of food groups included: some fruit, crackers, cheese, a sandwich, both protein and carbs are helpful to refuel and be ready to learn. Try to avoid processed foods or foods with a lot of sugar or at least keep the 'choose least' foods to a minimum. Good nutrition, along with a good night's sleep, are key to a child's ability to concentrate and have a positive school experience.

A reminder to families that there is no food sharing permitted. Please do not send homemade treats (cupcakes, birthday cakes etc.) with your child to share with classmates. We thank you for your understanding.



Health Alert: We are a Nut Aware School - Please no nuts, (including Nutella spread), peanuts or peanut butter at school. We have several students with severe, potentially life-threatening allergies to these products. Thank you for your cooperation in maintaining a safe environment for all of our students.



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| Mon. Oct. 12 | Thanksgiving (School not in session) |
| Fri. Oct. 23 | Professional Day: No school for students |
| Tues. Oct. 27 | PAC Virtual Meeting |
| Fri. Oct. 30 | Halloween (Please do not send treats to share). Students may wear costumes or come dressed in Black and Orange. If a weapon is part of the costume, please leave it at home. |