



Important Information – Please Translate

这是一份重要信息 — 请找人为您翻译

اطلاعات مهم۔ لطفا ترجمہ کنید

Mahalagang Impormasyon - Paki salin sa sariling wika

중요한 정보 - 번역 부탁드립니다

ਮਹੱਤਵਪੂਰਨ ਜਾਣਕਾਰੀ-ਮਿਹਰਬਾਨੀ ਕਰਕੇ ਅਨੁਵਾਦ ਕਰੋ/ਕਰਵਾਓ

Важная информация! Переведите, пожалуйста

September, 2018

Re: Allergies at QM

Dear Queen Mary Families,

This year within our school community there are several students who have a potentially life-threatening allergy (anaphylaxis) to foods, predominantly to peanuts and tree nuts (e.g. almond, cashew, hazelnut, pistachio). There are some students with equally severe allergies to other foods (i.e. eggs, dairy, etc.) as well and if one of these children is in your child's class, a class-specific letter will be sent home at the start of the year.

A child with a severe food allergy can suffer a reaction by merely touching the food or having contact with another person who has touched the food.

We feel the best way to reduce the risk of accidental exposure to these students is to respectfully ask for the co-operation of the parents/guardians within this school community to please AVOID sending peanut/nut butters and/or products with peanuts/nuts listed in the ingredients. Also, please remind your children to not share food.

There are many options in stores today that are peanut/nut-free and all products have excellent allergy information on the packaging. Listed below are some resources for allergy-friendly foods (but remember to always double check the ingredients listed on a package) and the Queen Mary PAC will be posting some links on the website for additional resources and ideas.

We realize that this requires extra precaution and we appreciate your attention to this very important matter.

Thank you for keeping all the children at Queen Mary safe.

Resources

<https://snacksafely.com/snacklist-20170906.pdf>

<http://withinthekitchen.blogspot.ca/2011/08/kids-peanut-free-lunch-ideas.html>