

## TUPPER SECONDARY – Weekly Student Bulletin

**March 30 – April 3, 2020 (3-4-1-2)**

**CAFETERIA MENU** \*Menu is subject to change

CAFETERIA MENU	Soup \$3.75	Entrée \$6.00	2 <sup>ND</sup> Entrée \$6.00	Dessert \$2.00
<b>Mon Mar 30 (1)</b>	Chef Special	Nacho Perogies	-----	Chocolate Chip Muffin
<b>Tue Mar 31 (2)</b>	Chef Special	Meatball Sub with Green Salad	-----	Cheese Scone
<b>Wed Apr 1 (1)</b>	Chef Special	Veggie Stir Fry with Rice & Spring Rolls	-----	Rice Pudding
<b>Thur Apr 2 (2)</b>	Chef Special	Grilled Chicken, Roasted Broccoli & Sweet Potato Wedges	-----	Cinnamon Bun
<b>Fri Apr 3 (1)</b>	Chef Special	Egg McTuppin with Bacon or Sausage, Fruit & Salad	-----	Cheese Scone

**DareArts Youth Leadership Program:** My name is Heather Prost and I'm the Head Facilitator & Regional Lead for Western Canada at **DAREarts**, a national charity that provides leadership development opportunities through arts-based education to children and youth in underserved communities across Canada.

DAREarts is very excited to be piloting our **MORE: Emerging Youth Mentors** program for older teens and young adults in Vancouver! This program is an ideal fit for youth ages 16-21 who want leadership training and to develop the skills they need to become effective mentors to young people within their communities.

**This program is completely free to participants.** Beyond local mentorship training, it also **includes a trip to Toronto** for the DAREarts Youth Mentors Summit, where our mentors from communities across Canada will connect and engage in dynamic leadership workshops. With limited spaces available, we are hoping that you can help us to reach older youth in your network who would be interested in applying for this opportunity but may have barriers to pursuing these types of experiences. **We hope that you will please share this opportunity with any of your relevant youth networks, or directly with the youth you serve who are in the relevant age range.**

Interested youth are encouraged to apply at [darearts.com/ym-application](http://darearts.com/ym-application). If you have any questions, please feel free to connect with me via email or phone, 604-360-9048. Heather & the DAREarts team

**Attention Grade 9-12 students:** BCIT Business and Media Career exploration Program, Summer/ BCIT Two-week interactive summer program for age 14-17 exploring careers in business, media, journalism and digital arts. For more info or brochures, visit the counselling suite. Ms. Higenbottam

**SCHOOL NURSE:** Lindsay Symonds is our school nurse for this school year. Her Tupper office hour is **EVERY Thursday during lunch** from 11:30am to 12:30pm in the First-Aid Room (across from the Counsellors' suite). Email: [Lindsay.Symonds@vch.ca](mailto:Lindsay.Symonds@vch.ca) Text: 604-328-3154

### **WORK EXPERIENCE AND VOLUNTEER OPPORTUNITIES:**

**See Ms. Ma in Room 303J for details regarding any of the opportunities below:**

- **Pedalheads Bike Instructor:** Paid positions available for March Break and Summer Camps. Mandatory training March 7 & 8 (also paid). Apply online <https://apply.workable.com/pedalheads/j/E681BFC5D4/>
- **VPD Cadets Program 2020-2021:** Thinking about a career in policing or criminal justice? Read about this terrific opportunity open to Grade 10, 11, & 12 students and apply now <https://vancouver.ca/police/organization/investigation/investigative-support-services/youth-services/vpd-cadet-program.html> **Deadline:** May 1 no exceptions.
- **FoodSafe Level 1 Workshop:** March 14 & 15 at Hillcrest Community Centre. Must attend both days to complete the course. \$30 will cover your workbook, test paper, & VCH registration. Sign-up on the Work Experience board or see Ms. Ma. **Deadline:** Feb. 29.
- **SFU Camps:** Volunteers needed for summer camps starting June 29. Application deadline: May 3; interviews start May 11, training starts June 16. See Work Experience board for details
- **Vancouver International Childrens Festival:** Volunteers needed for numerous roles from January to June. See perks and roles, and apply at <https://www.childrensfestival.ca/about/volunteer-application-form/>. Requirements: commitment and a signed declaration. See Ms. Ma for help.
- **Science World:** 80 hours Work Experience available--no reduction of hours is allowed. Schedule is posted on the Work Experience board. See Ms. Ma to reserve your weeks.
- **Easter Train at Stanley Park:** Volunteers needed for April 9 - 13 from 10 am - 5 pm. Many roles available for this fun event. **Read more & apply online** first at <https://www.eventbrite.ca/e/easter-2020-stanley-park-railway-high-school-student-volunteer-sign-up-tickets-95654454047> Then choose a mandatory orientation to attend on April 2 or 3 from 4:30 - 5:30 pm. **Deadline:** March 27
- **Youth Ambassadors Program:** Three week leadership exchange program is available for July 16 - August 3. Read about & apply online at <https://www.worldlearning.org/program/youth-ambassadors-program/> **Deadline:** March 20

*\*Please refer to the Calendar on Tupper School website for other scheduled school events and field trips*