

Sir Wilfrid Laurier

重要信息 - 请翻译

Sir Wilfrid Laurier

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Dear Laurier Community,

It's been another exciting month at Laurier. From our SOAR challenge and fun day, to our exciting Hip-Hop presentation, October has been nonstop. In September we challenged our students to show us how they can S.O.A.R. with **Support**. All the students did an incredible job reaching their 1000 ticket challenge.

We have many people to thank for all of the exciting events that occurred this past month. Ms. Altman, for organizing the author visit with Michale Kusugak. Our students were truly engaged in his stories of Inuit culture and folklore, and loved having the opportunity to learn more about the clothing, drums and other materials that are so important to that culture. To Ms. Virvilis and Ms. Murphy for waking up early on Tuesdays and Thursdays to help us build our first ever K-7 cross country team! The turn out and parent support was incredible. I want to make special mention of the generous contribution of the former Laurier Annex PAC for purchasing a new set of jerseys for our school. The students couldn't have been more proud to display the new eagle jerseys at our city wide cross country meet.

Important Dates in November:

Thursday, Nov. 3: WE Day

Monday, Nov. 7th: Retake Photo Day

Tuesday, Nov. 8th: PAC Meeting 6:30 P.M.

Wednesday, Nov. 9th: Remembrance Day Assembly
11:00 A.M. in the gym.

Thursday, Nov. 10th: Curriculum Implementation Day -
NO SCHOOL FOR STUDENTS

Friday, Nov. 11th: Remembrance Day - NO SCHOOL FOR STUDENTS

Tuesday, Nov. 22: SQ Danza - Dance and Theatre - School Wide Instruction P.M. only

Wednesday, Nov. 23: SQ Danza-Dance and Theatre - School Wide Instruction A.M. only

Monday, Nov. 28th: Skating begins - Schedule to come



Laurier Eagles S.O.A.R.:

This month's theme is Open Minded. Each division will be working on a way to represent what the concept of Open Minded means to them. At home you can support us by reviewing what Open Minded means to you. Just a reminder that a Laurier Eagle is Open Minded by:
Being flexible, Trying new things, Making new friends, and Being Brave!



PAC NEWS

Do you want to be more connected to our Parent Community, would you like a larger network of parents to speak with or get support from?

Did you know that the Laurier PAC has the opportunity to let parents share their contact information, for example their phone number or email, with other parents to allow better communication between Laurier families. Sharing contact information could help with arranging out of school connections for students, for example play dates.

If you would like to share contact information please log into the lunch program Munch a Lunch using the "Hot Lunch" tab on the Laurier website. Then click on "My Family" and "My Directory Info" and enter the information you would be comfortable with sharing. The Laurier PAC will then collate and share appropriately.

Community Potluck:

As Laurier parents we are helping to build a caring school community and welcome any suggestions from our families that would help with this goal. One part of our caring community was the wonderful September potluck and we thank everyone who attended and made connections with other families and school staff.

Hot Lunch:

Thank you again for all the support for hot lunch, and all the volunteers who make it happen each day! PAC will be selling drinks at lunch in the multipurpose/music room. \$1.00 for a juice box and \$1.25 for chocolate milk.

Upcoming PAC Events:

Movie night at the end of November - Date and Time TBA
Purdy's Chocolate sales in December
Presentation from SafeOnline in the New Year

(If you would like to help or have suggestions for other events please let us know)

Please check out the PAC website:

PAC website <http://laurierpac.weebly.com/>
for meeting dates and minutes, fundraising and hot lunch info.

Hope to see you at the next PAC meeting Tuesday November 8th @ 6:30 pm. Free child care provided.



Reminders

Student Verification Forms and Media Release

Please make sure your student verification form which includes your correct and current address, contact information and emergency contacts is up to date and handed into the office.

Also, please make sure that you have returned your Media Release forms to the office. If you have questions about what these forms are for, or concerns with your child's image being in the Newsletter, and or Website please feel free to speak to Ms. Golby directly before signing.

EarthBites Update

We certainly have been having a busy fun fall with all the students here at Laurier! We have harvested the garden and learned about different ways to preserve food, while making yummy snacks out of preserved foods like popcorn, and using canned beans to make hummus! The intermediates have been very hands on in the garden, using power tools and their own hands to create hoop houses to keep our garden beds warm through the winter - a first for EarthBites! This month they will learn all about ways to strengthen their immune systems, do some winter planting, and crafts for the especially rainy days!

Thank you to all the parents for supporting EarthBites at our spontaneous markets - we will be having one more this Wednesday, November 2, serving our Immunity Tea and Pizza Popcorn!

Hummus Recipe: - Made with the Intermediates

1 can chickpeas

4-6 garlic cloves if roasting, 1-2 if using fresh

1 lemon

1-2 tbsp Olive Oil

1 tsp salt

1/2 tsp cumin (optional)

1) Open can of chickpeas, pour into a colander, rinse.

2) Peel off garlic skin with knife, add to garlic press.

3) Cut lemon, juice contents

4) Measure salt, olive oil, cumin

5) Add all the above with the chickpeas in a food processor and blend. Add warm water until desired consistency reached

6) Serve with blue corn chips.

