

This list has been compiled by the VSB SWIS Program

EDUCATION SERVICES

| Service or Service Provider | Service or Benefit Description | Who is this for? | How to Apply or How to Access | Website, Phone or other Contact Options |
|---|--|--|-------------------------------|---|
| Open School BC | Provides suggestions for parents and caregivers to keep their children learning at home during the COVID-19 pandemic | Open to all | <i>[Internet access]</i> | https://openschool.bc.ca/keeplearning |
| Online Art Classes | 10 free university art classes | Open to all | <i>[Internet access]</i> | https://www.artsy.net/article/artsy-editorial-10-university-art-classes-free-online |
| Free University Courses | 190 universities are offering free courses | Open to all | <i>[Internet access]</i> | https://www.classcentral.com/report/new-courses-october-2018 |
| Internet Archive Books | Provides 1.4 million free books online | Open to all | <i>[Internet access]</i> | https://stories.audible.com/start-listen |
| National Assn of School Psychologists (NASP) | Probably the most comprehensive web page of links to services, advice and educational tools & resources for youth educators, counselors and parents on how to help children understand or cope with the COVID-19 crisis | Any school teacher or psychologist or parent of a school child | <i>[Internet access]</i> | https://www.nasponline.org/resources-and-publications/resources-and-podcasts/covid-19-resource-center |

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| Anxiety Canada | My Anxiety Plan (MAP) for Children and Teens is a 46-lesson (10-hour) cognitive-based therapy course helping parents coach anxious children and teens with proven coping | Any parent or caregiver of anxious children or teens, their educators, and the youths themselves | Requires registration, but is free. Click the 'Start Now' button on this web page to register | https://maps.anxietycanada.com/courses/child-map/ |
| Continuity of Learning Resources | Education tips, materials and resources online | Various. For all learners and parents. | <i>[Internet access]</i> | https://www.vsb.bc.ca/Student Learning/Continuity of Learning/Pages/default.aspx |
| Scholastic Education | Providing access to a variety of free resources and their digital Scholastic platform until June 30, 2020 | Resources for teachers, parents and students | <i>[Internet access]</i> | http://scholastic.ca/education/ |

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| Starfall Education Foundation | Create free and provide access to low-cost English, language arts and math activities for children to learn through exploration. | Kindergarten, Gr. 1, 2, and 3 students | <i>[Internet access]</i> | https://www.starfall.com/h/ |
| North American Center for Threat Assessment and Trauma Response | Information regarding how administration can support staff on how to engage parents of students of concern (first link) and students (second link). Document includes a script. | Specifically for administrators but may also be of interest to education departments, school district leaders, support teachers, social workers, psychologists, counsellors, and other school staff. | <i>[Internet access]</i> | https://www.nactatr.com/files/2020NACTATR-RCApxB.pdf https://www.nactatr.com/files/2020NACTATR-RCApxA.pdf |

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| Tolerance for Uncertainty a COVID-19 Workbook by Bay Psychology | Distress tolerance workbook for students and adults and can be used with youth. | Students and adults | <i>[Internet access]</i> | http://www.childdevelop.ca/sites/default/files/files/Tolerance_for_Uncertainty_Covid-19.pdf |
| Continuity of Learning Resources | Vetted education materials/resources online (Sharepoint version) | Various. For all learners and educators. | <i>[Internet access]</i> | https://vsbworld.sharepoint.com/sites/ContinuityofLearningResources/SitePages/Online-Resources.aspx?CT=1586211010470&OR=OWA-NT&CID=336dd32c-af16-393e-6847-02876a2c99d2 |